

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 1**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Chesoo, Leonard	1:03:17	5:28	3:24	0	109 NIssen PL	Running Room
2	Penny, Blaine	1:09:25	6:00	3:44	0	173 Mito	Mixed
3	Woo, Chan	1:11:11	6:09	3:49	0	108 Nissen PL	Running Room
4	Chafe, Dave	1:12:34	6:17	3:54	0	152 Mito	Men
5	Humphreys, Rachel	1:13:08	6:20	3:56	0	122 Nissen PL	Running Room
6	Raudebaugh, Dallas	1:13:33	6:22	3:57	0	145 Whose Idea Was This	
7	Edgar, Ryan	1:14:10	6:25	3:59	0	138 SAIT Trojans,	Friends
8	Klassen, Leanne	1:16:16	6:36	4:06	0	154 Mito	Women
9	Jalkotzy, Georg	1:20:05	6:56	4:18	0	130 Osler	Outlaws
10	Jenkins, Marriya	1:21:18	7:02	4:22	0	107 Nissen PL	Running Room
11	Garduno, Temoc	1:21:40	7:04	4:23	0	133 CNRL Rusty Road Runners	
12	Crabtree, Jack	1:22:28	7:08	4:26	0	148 exprESSO	
13	Ong, Raymond	1:23:58	7:16	4:31	0	166 Nose Hill	Running Club
14	Penner, Darryl	1:24:21	7:18	4:32	0	132 Ben Jonesin for Victory	
15	Brown, Laura	1:24:25	7:18	4:32	0	155 Fast Trax YEG Ladies	
16	Trzok, Mladen	1:24:52	7:20	4:33	0	157 Western Cdn Selects	
17	Halbert, Evan	1:25:30	7:24	4:36	0	137 MLT Aikins Billable Miles	
18	Chiswell, Paul	1:26:43	7:30	4:40	0	121 BD&P	
19	Uzelac, Slavko	1:28:05	7:37	4:44	0	114 Running from our	
20	Scratch, Jason	1:28:29	7:39	4:45	0	120 BLAKES	
21	Ruston, Chad	1:28:40	7:40	4:46	0	116 Sheep River Racing Team	
22	Smart, Courtenay	1:28:41	7:40	4:46	0	163 Worst Pace Scenario	
23	Wald, Jordan	1:28:48	7:41	4:46	0	168 The SAMsquatches	
24	Bambury, Donald	1:30:17	7:49	4:51	0	172 Adrenaline Rush	
25	Bestwick, Robert	1:30:37	7:50	4:52	0	141 BDO Canada	
26	Michaud, Joã«l	1:31:04	7:53	4:54	0	140 Field Law	
27	Fentie, Logan	1:31:17	7:54	4:54	0	161 Brintnell Grinders	
28	Murphy, Mike	1:31:21	7:54	4:54	0	162 Lakeside Packers	
29	Ross, Kyle	1:31:52	7:57	4:56	0	129 Felesky Flynn	
30	Smith, Mitch	1:32:19	7:59	4:58	0	101 DLA Run Crew	
31	Coulter, Mike	1:32:20	7:59	4:58	0	119 Cool Pool Cruisers	
32	Sorensen, Laurie	1:32:27	8:00	4:58	0	153 The Lost Tribe	
33	Clark, Curtis	1:33:52	8:07	5:03	0	164 Hey We're Trying	
34	Lazaruk, John	1:35:35	8:16	5:08	0	113 10 Fat White Guys	
35	Nguyen, Peter	1:36:12	8:19	5:10	0	143 BDO Edmonton	
36	Quapp, Doreen	1:36:29	8:21	5:11	0	146 Fast Trax Collective	
37	Feick, Wes	1:36:41	8:22	5:12	0	160 Run Flats	
38	Dukelow, Janice	1:37:25	8:26	5:14	0	112 Strokies	
39	Buchanan, Emily	1:37:33	8:26	5:14	0	126 Team B2	
40	Boyd, Nick	1:37:51	8:28	5:16	0	127 Just Keep Running	
41	Schubert, Courtney	1:38:39	8:32	5:18	0	156 Limpkins	
42	Grace, Darien	1:38:39	8:32	5:18	0	165 Stantec Stallions	
43	Kathol, Todd	1:38:52	8:33	5:19	0	150 First Blood	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 1**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Mamdani, Josh	1:40:23	8:41	5:24	0	124 Dentons Canada LLP	
45	Liew, Elena	1:41:26	8:46	5:27	0	159 Where's the Finish	
46	Parks, Natalie	1:42:04	8:50	5:29	0	104 Team With a Theme	
47	Keturakis, Derrick	1:43:05	8:55	5:32	0	102 Integrated Sust. H2Go	
48	Grant, Amber	1:44:35	9:03	5:37	0	169 We Got the Runs	
49	Renwick, Curtis	1:47:07	9:16	5:45	0	136 Lost in Pace	
50	Jones, Janet	1:47:51	9:20	5:48	0	128 Birchcliff Energizers	
51	Dobblesteyn, Loretta	1:47:54	9:20	5:48	0	105 Anvils	
52	Frostad, Emerson	1:48:22	9:22	5:49	0	151 Bullet Jones	
53	Dellezay, Dylan	1:48:26	9:23	5:50	0	103 Pyramid Peckerheads	
54	Yung, Vance	1:48:39	9:24	5:50	0	171 Running from Something	
55	Caputo, Connie	1:48:50	9:25	5:51	0	110 Scrambled Legs	
56	Lui, Matthew	1:49:22	9:28	5:53	0	125 Torys	
57	Hastie, Larry	1:49:22	9:28	5:53	0	134 Central Alberta Masters	
58	Young, Scott	1:49:55	9:31	5:55	0	115 Space Ponies	
59	Shea, Cheryl	1:50:16	9:32	5:55	0	144 Mercer	
60	Armour, Nancy	1:50:44	9:35	5:57	0	118 The Joggernuts	
61	Banks, Peter	1:51:30	9:39	5:60	0	170 Sheep River Racers	
62	Loewen, Dean	1:51:59	9:41	6:01	0	167 Red Deer Runners	
63	Popowich, Jason	1:52:05	9:42	6:02	0	131 Monarchs Rule	
64	Zhen, Celine	1:52:37	9:45	6:03	0	147 BLG Gazelles	
65	Wogan, Gerard	1:54:15	9:53	6:08	0	149 Pomeroy	
66	Melesko, Tammy	1:56:01	10:02	6:14	0	117 Bayer Crop Science	
67	Buzzeo, David	1:58:31	10:15	6:22	0	139 United Cycle Heros	
68	Dukelow, Sean	1:59:22	10:20	6:25	0	123 ESCAPE	
69	Thompson, Brian	2:01:49	10:32	6:33	0	158 Not Quite Intact	
70	Richelhof, Chantelle	2:04:36	10:47	6:42	0	111 AER Reg U Laters	
71	Picton, Evan	2:10:11	11:16	6:60	0	106 EnduraHealth	
72	Warren, Sophie	2:18:39	12:00	7:27	0	135 0 to 100 real slow	
73	Winklerjolie Ne, Erin	2:41:30	13:58	8:41	0	142 Speedy Spartans	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 2**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Nishyama, Michael	0:57:44	5:38	3:30	0	109 NIssen PL Running Room	
2	Ivey, Marcus	1:00:34	5:55	3:41	0	153 The Lost Tribe	
3	Mcguinness, Conor	1:02:33	6:06	3:47	0	108 Nissen PL Running Room	
4	Bradford, Keith	1:03:45	6:13	3:52	0	152 Mito Men	
5	Torrance, Brian	1:04:27	6:17	3:54	0	145 Whose Idea Was This	
6	Boutin, Savanna	1:08:19	6:40	4:09	0	122 Nissen PL Running Room	
7	Kendrick, Nathan	1:11:44	7:00	4:21	0	173 Mito Mixed	
8	Polak, Jason	1:12:27	7:04	4:23	0	148 exprESSO	
9	Zabel, Darren	1:12:56	7:07	4:25	0	146 Fast Trax Collective	
10	Graen, Petra	1:15:48	7:24	4:36	0	155 Fast Trax YEG Ladies	
11	Wild, Adriana	1:16:44	7:29	4:39	0	154 Mito Women	
12	Hinks, Darren	1:19:32	7:46	4:50	0	131 Monarchs Rule	
13	Blomfieldm Trud, M	1:19:38	7:46	4:50	5	156 Limpkins	
14	Hanson, Ian	1:20:54	7:54	4:54	0	164 Hey We're Trying	
15	Alvarado Calvo, Carlos	1:20:56	7:54	4:54	0	149 Pomeroy	
16	Englert, Isabella	1:20:59	7:54	4:54	0	107 Nissen PL Running Room	
17	Schwann, Matt	1:23:01	8:06	5:02	0	127 Just Keep Running	
18	Couture, Joey	1:23:03	8:06	5:02	0	130 Osler Outlaws	
19	Hindbo, Kate	1:23:53	8:11	5:05	0	138 SAIT Trojans, Friends	
20	Charabin, Darryl	1:24:20	8:14	5:07	0	171 Running from Something	
21	Allen, Stuart	1:24:32	8:15	5:08	0	114 Running from our	
22	Matsumaru, Ayako	1:24:33	8:15	5:08	0	166 Nose Hill Running Club	
23	Friedland, Aaron	1:25:07	8:18	5:09	0	144 Mercer	
24	Richardson, Ian	1:26:41	8:27	5:15	0	157 Western Cdn Selects	
25	Caughlin, Amy	1:27:14	8:31	5:17	0	125 Torys	
26	Gilmour, Brad	1:27:31	8:32	5:18	0	132 Ben Jonesin for Victory	
27	Kremer, Kevin	1:27:35	8:33	5:19	0	141 BDO Canada	
28	Shewchuk, Gail	1:27:59	8:35	5:20	0	104 Team With a Theme	
29	Tait, Owen	1:28:23	8:37	5:21	0	161 Brintnell Grinders	
30	Precht, Kim	1:28:43	8:39	5:22	0	140 Field Law	
31	Scanga, Tanya	1:28:58	8:41	5:24	0	139 United Cycle Heros	
32	Cox, Emilie	1:29:37	8:45	5:26	0	120 BLAKES	
33	Parker, Giles	1:30:10	8:48	5:28	0	172 Adrenaline Rush	
34	Hadden, Robb	1:30:40	8:51	5:30	0	105 Anvils	
35	Krewulak, Ken	1:30:40	8:51	5:30	0	133 CNRL Rusty Road Runners	
36	Herman, Adam	1:30:55	8:52	5:31	0	162 Lakeside Packers	
37	Kutney, Dave	1:30:59	8:53	5:31	0	134 Central Alberta Masters	
38	Leslie, Pat	1:32:12	9:00	5:36	0	102 Integrated Sust. H2Go	
39	Heim, Tracy	1:32:42	9:03	5:37	0	111 AER Reg U LaterS	
40	Schultz, Robert	1:32:43	9:03	5:37	0	117 Bayer Crop Science	
41	Hauck, Darlene	1:33:39	9:08	5:40	0	167 Red Deer Runners	
42	Lappenbush, Larry	1:33:47	9:09	5:41	0	113 10 Fat White Guys	
43	Houle, Joel	1:33:52	9:09	5:41	0	170 Sheep River Racers	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 2**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Jones, Andrea	1:33:54	9:10	5:42	0	103 Pyramid	Peckerheads
45	Ference, Erna	1:33:55	9:10	5:42	0	116 Sheep River Racing Team	
46	Kathol, Brian	1:34:38	9:14	5:44	0	150 First Blood	
47	De Groot, David	1:35:24	9:18	5:47	0	121 BD&P	
48	Magee, Sarah	1:36:05	9:22	5:49	0	124 Dentons Canada LLP	
49	Higginson, Jim	1:36:37	9:26	5:52	0	159 Where's the Finish	
50	Mann, Don	1:36:56	9:27	5:52	0	106 EnduraHealth	
51	Makulska, Matyllda	1:37:43	9:32	5:55	0	101 DLA Run Crew	
52	Jobin, Samantha	1:37:49	9:33	5:56	0	137 MLT Aikins Billable Miles	
53	Crowchild, Pearl	1:37:53	9:33	5:56	0	110 Scrambled Legs	
54	Schmigelski, Denise	1:38:05	9:34	5:57	0	158 Not Quite Intact	
55	Heine, Thomas	1:38:20	9:36	5:58	0	151 Bullet Jones	
56	Krekoski, Tanya	1:38:56	9:39	5:60	0	169 We Got the Runs	
57	Amy, Wendy	1:39:07	9:40	6:00	0	168 The SAMsquatches	
58	Ryckborst, Karla	1:40:04	9:46	6:04	0	123 ESCAPE	
59	Coulter, Caleb	1:41:03	9:52	6:08	0	119 Cool Pool Cruisers	
60	Cush, Maureen	1:42:11	9:58	6:12	0	143 BDO Edmonton	
61	Mccormack, Jim	1:44:50	10:14	6:21	0	118 The Joggernuts	
62	March, Heather	1:45:09	10:16	6:23	0	136 Lost in Pace	
63	Feick, Celeste	1:47:24	10:29	6:31	0	160 Run Flats	
64	Taylor, Jessica	1:49:28	10:41	6:38	0	147 BLG Gazelles	
65	Wiebe, Kim	1:49:35	10:41	6:38	0	115 Space Ponies	
66	Gerrand, Lucy	1:50:51	10:49	6:43	0	126 Team B2	
67	Thompson, Steven	1:52:09	10:56	6:48	0	163 Worst Pace Scenario	
68	Hocevar, Laura	1:53:06	11:02	6:51	0	165 Stantec Stallions	
69	Bateman, Andrew	1:53:37	11:05	6:53	0	129 Felesky Flynn	
70	Ritchie, Brian	1:53:47	11:06	6:54	0	128 Birchcliff Energizers	
71	Kenney, Carol	1:55:42	11:17	7:01	0	112 Strokies	
72	Gamber, Robyn	1:56:26	11:22	7:04	0	135 0 to 100 real slow	
73	Huckcourtney He, Kelly	2:24:27	14:06	8:46	0	142 Speedy Spartans	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 3**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Trites, Mike	0:55:34	6:05	3:47	0	109 Nissen PL	Running Room
2	Russell, Ryan	0:59:59	6:34	4:05	0	108 Nissen PL	Running Room
3	Robb, Jaime	1:01:00	6:41	4:09	0	152 Mito Men	
4	Carlin, Taylor	1:02:21	6:50	4:15	0	122 Nissen PL	Running Room
5	Zimmer, Earl	1:04:16	7:02	4:22	0	133 CNRL	Rusty Road Runners
6	Naka, Kody	1:05:34	7:11	4:28	0	128 Birchcliff	Energizers
7	Li, Haisheng	1:06:59	7:20	4:33	0	166 Nose Hill	Running Club
8	Styles Hamm, Sharon	1:07:19	7:22	4:35	0	154 Mito Women	
9	White Lang, Bobbijo	1:09:21	7:36	4:43	0	146 Fast Trax	Collective
10	Cirka, Grant	1:09:23	7:36	4:43	0	105 Anvils	
11	Dolphin, Claire	1:09:24	7:36	4:43	0	107 Nissen PL	Running Room
12	Van De Vliert, Jonathan	1:10:23	7:43	4:48	0	148 exprESSO	
13	Stepanik, Otto	1:10:28	7:43	4:48	0	167 Red Deer	Runners
14	Parker, Mike	1:10:55	7:46	4:50	0	172 Adrenaline	Rush
15	Cartwright, John	1:12:54	7:59	4:58	0	161 Brintnell	Grinders
16	Heine, Thomas	1:13:37	8:04	5:01	0	151 Bullet Jones	
17	Atwood, Kathy	1:13:48	8:05	5:01	0	155 Fast Trax	YEG Ladies
18	Goudie, Shane	1:13:51	8:05	5:01	0	153 The Lost Tribe	
19	Soderberg, Nicole	1:13:57	8:06	5:02	0	145 Whose Idea Was This	
20	Laroche, Colin	1:14:08	8:07	5:03	0	147 BLG	Gazelles
21	Stewart, Bryan	1:14:45	8:11	5:05	0	113 10 Fat White Guys	
22	Hebert, David	1:15:39	8:17	5:09	0	129 Felesky Flynn	
23	Jones, Ryan	1:16:09	8:20	5:11	0	103 Pyramid	Peckerheads
24	Crittenden, James	1:16:12	8:21	5:11	0	156 Limpkins	
25	Assie, Sean	1:16:54	8:25	5:14	0	132 Ben Jonesin for Victory	
26	Zaher, Nico	1:17:11	8:27	5:15	0	157 Western Cdn Selects	
27	Proudfoot, Kevin	1:18:15	8:34	5:19	0	165 Stantec	Stallions
28	Strueby, Jill	1:18:27	8:36	5:21	0	121 BD&P	
29	Kathol, Chris	1:19:38	8:43	5:25	0	150 First Blood	
30	Seasons, Kendall	1:20:39	8:50	5:29	0	138 SAIT Trojans, Friends	
31	Myroon, Alex	1:20:45	8:51	5:30	0	136 Lost in Pace	
32	Fipke, Dan	1:22:13	9:00	5:36	0	160 Run Flats	
33	Wall, Trevor	1:22:20	9:01	5:36	0	102 Integrated Sust.	H2Go
34	Kennedy, Andrea	1:22:25	9:02	5:37	0	106 EnduraHealth	
35	Jackson, Mark	1:23:51	9:11	5:42	0	140 Field Law	
36	Rafa, Tom	1:24:35	9:16	5:45	0	134 Central Alberta	Masters
37	Kroon, Paul	1:24:40	9:16	5:45	0	116 Sheep River	Racing Team
38	Burns, Adam	1:25:05	9:19	5:47	0	149 Pomeroy	
39	Edwards, Anne	1:25:07	9:19	5:47	0	139 United Cycle	Heros
40	Park, Travis	1:25:26	9:21	5:49	0	171 Running from Something	
41	Boyd, Suzanne	1:25:51	9:24	5:50	0	173 Mito Mixed	
42	Dobson, Sarah	1:26:32	9:29	5:54	0	117 Bayer Crop Science	
43	Sereda, Callin	1:26:36	9:29	5:54	0	120 BLAKES	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 3**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Verwey, Jesse	1:26:43	9:30	5:54	0	143 BDO	Edmonton
45	Aguas, Paul	1:26:46	9:30	5:54	0	111 AER	Reg U Latera
46	Dahonick, Richard	1:27:02	9:32	5:55	0	144 Mercer	
47	Lundquist, Samantha	1:27:38	9:36	5:58	0	126 Team B2	
48	Hopkins, Cody	1:28:15	9:40	6:00	0	162 Lakeside	Packers
49	Hill, Michael	1:28:18	9:40	6:00	0	123 ESCAPE	
50	Aboudheir, Aziz	1:29:15	9:47	6:05	0	137 MLT	Aikins Billable Miles
51	Smith, Sandy	1:29:29	9:48	6:05	0	110 Scrambled	Legs
52	Henderson, Jim	1:29:56	9:51	6:07	0	131 Monarchs	Rule
53	Lamoureux, Simon	1:30:20	9:54	6:09	0	168 The SAMs	squatches
54	Gosselin, Susan	1:30:20	9:54	6:09	0	170 Sheep River	Racers
55	Vogeli, Amanda	1:30:38	9:56	6:10	0	101 DLA	Run Crew
56	Phillips, Crystal	1:31:34	10:02	6:14	0	112 Strokies	
57	Young, Alana	1:31:44	10:03	6:15	0	115 Space	Ponies
58	Blomquist, Kirsten	1:31:50	10:04	6:15	0	163 Worst Pace	Scenario
59	Plunkett, Marni	1:32:26	10:07	6:17	0	118 The Joggernuts	
60	Goody, Nigel	1:32:27	10:08	6:18	0	142 Speedy	Spartans
61	Moss, Laura	1:32:30	10:08	6:18	0	127 Just Keep	Running
62	Allum, Elizabeth	1:34:01	10:18	6:24	0	124 Dentons	Canada LLP
63	Mcgrath, Tory	1:34:18	10:20	6:25	0	104 Team With	a Theme
64	Courtright, Sigourney	1:35:56	10:30	6:31	0	114 Running	from our
65	Moore, Adria	1:36:11	10:32	6:33	0	141 BDO	Canada
66	Paplawski, Emily	1:36:28	10:34	6:34	0	130 Osler	Outlaws
67	Ranca, Diana	1:37:26	10:40	6:38	0	135 0 to 100	real slow
68	Denbraber, Janine	1:44:43	11:28	7:07	0	169 We Got	the Runs
69	Deacon, Morgan	1:44:57	11:30	7:09	0	158 Not Quite	Intact
70	Oh, Jeanne	1:45:44	11:35	7:12	0	159 Where's	the Finish
71	Parkinson, Chantel	1:46:47	11:42	7:16	0	119 Cool Pool	Cruisers
72	Gamez, Jill	1:48:02	11:50	7:21	0	164 Hey We're	Trying
73	Gordon, Ian	1:48:21	11:52	7:22	0	125 Torys	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 4**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Stewart, Michael	0:53:24	6:06	3:47	0	109 NIssen PL Running Room	
2	Macdonald, Rich	0:57:07	6:31	4:03	0	152 Mito Men	
3	Theriault, Madison	0:57:34	6:34	4:05	0	138 SAIT Trojans, Friends	
4	Mcgrath, Tom	0:58:10	6:38	4:07	0	108 Nissen PL Running Room	
5	Woytiuk, Kurt	1:01:26	7:01	4:22	0	145 Whose Idea Was This	
6	Hutchings, Sarah	1:01:54	7:04	4:23	0	154 Mito Women	
7	Kallos, Alecia	1:02:39	7:09	4:27	0	122 Nissen PL Running Room	
8	Chmilar, Matt	1:03:25	7:14	4:30	0	133 CNRL Rusty Road Runners	
9	Storey T Steel, M	1:04:04	7:19	4:33	0	165 Stantec Stallions	
10	Goadoue, Erwan	1:04:18	7:20	4:33	0	157 Western Cdn Selects	
11	Campbell, Brock	1:05:41	7:30	4:40	0	161 Brintnell Grinders	
12	Koopmans, Lesley	1:07:15	7:41	4:46	0	107 Nissen PL Running Room	
13	Bunz, Curtis	1:07:52	7:45	4:49	0	117 Bayer Crop Science	
14	Freed, Nathan	1:08:01	7:46	4:50	0	153 The Lost Tribe	
15	Mcdonough, Tyler	1:08:11	7:47	4:50	0	132 Ben Jonesin for Victory	
16	Murphy, Ryan	1:09:27	7:56	4:56	0	102 Integrated Sust. H2Go	
17	Goodridge, Sarah	1:09:28	7:56	4:56	0	148 exprESSO	
18	Martens, Mark	1:09:50	7:58	4:57	0	172 Adrenaline Rush	
19	Hughes, Tom	1:10:12	8:01	4:59	0	116 Sheep River Racing Team	
20	Boyd-clowes, Mackenzie	1:10:49	8:05	5:01	0	124 Dentons Canada LLP	
21	Wang, Gordon	1:11:35	8:10	5:04	0	166 Nose Hill Running Club	
22	Bruni, Gino	1:12:34	8:17	5:09	0	125 Torys	
23	Douglas, Lee	1:12:39	8:18	5:09	0	150 First Blood	
24	Leduc, Corry	1:13:03	8:20	5:11	0	115 Space Ponies	
25	Henry, Mike	1:13:07	8:21	5:11	0	121 BD&P	
26	Galan, Earl	1:13:12	8:21	5:11	0	128 Birchcliff Energizers	
27	Briggs, Ali	1:13:15	8:22	5:12	0	156 Limpkins	
28	Savage, Kelly	1:13:50	8:26	5:14	0	110 Scrambled Legs	
29	Glover, Gary	1:14:29	8:30	5:17	0	134 Central Alberta Masters	
30	Barnes, Steve	1:14:59	8:34	5:19	0	146 Fast Trax Collective	
31	Mcdougall, Justin	1:15:46	8:39	5:22	0	167 Red Deer Runners	
32	Thompson, Scott	1:15:54	8:40	5:23	0	144 Mercer	
33	Mcdonald, Sheldon	1:16:19	8:43	5:25	0	140 Field Law	
34	Gunderson, Cole	1:16:29	8:44	5:26	0	163 Worst Pace Scenario	
35	Kinnear, Susan	1:17:00	8:47	5:27	0	105 Anvils	
36	Kufeldt, Nanette	1:18:09	8:55	5:32	0	155 Fast Trax YEG Ladies	
37	Robb, Nathan	1:18:26	8:57	5:34	0	127 Just Keep Running	
38	Barrett, Michael	1:18:59	9:01	5:36	0	151 Bullet Jones	
39	Robbins, Barry	1:20:36	9:12	5:43	0	106 EnduraHealth	
40	Diep, Hung	1:20:43	9:13	5:44	0	162 Lakeside Packers	
41	Wong, Janelle	1:22:02	9:22	5:49	0	131 Monarchs Rule	
42	Rocheftort, Justine	1:22:47	9:27	5:52	0	149 Pomeroy	
43	Friesen, Kelly	1:22:52	9:28	5:53	0	141 BDO Canada	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 4**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Basnett, Keith	1:23:28	9:32	5:55	0	103 Pyramid	Peckerheads
45	Boileau, Pierre	1:23:50	9:34	5:57	0	113 10 Fat White Guys	
46	Haurdahl, Jonas	1:24:06	9:36	5:58	0	136 Lost in Pace	
47	Ostrowerka, Dustin	1:24:13	9:37	5:58	0	159 Where's the Finish	
48	Goodall, Stephen	1:24:16	9:37	5:58	0	142 Speedy Spartans	
49	Landry-par�e, Lili	1:24:42	9:40	6:00	0	171 Running from Something	
50	Poulin M Poulin, M	1:25:28	9:45	6:03	0	112 Strokies	
51	Scott, Stewart	1:25:48	9:48	6:05	0	118 The Joggernuts	
52	Borrel, Jerome	1:26:45	9:54	6:09	0	158 Not Quite Intact	
53	Marks, Kelsie	1:27:09	9:57	6:11	0	168 The SAMsquatches	
54	Loughlin, Spencer	1:27:11	9:57	6:11	0	120 BLAKES	
55	Block, Randall	1:28:11	10:04	6:15	0	147 BLG Gazelles	
56	Johnson, Ally	1:28:24	10:05	6:16	0	173 Mito Mixed	
57	Kawecki, Nathan	1:29:11	10:11	6:20	0	169 We Got the Runs	
58	Wells, Tara	1:29:29	10:13	6:21	0	129 Felesky Flynn	
59	Finkbeiner, Joel	1:30:30	10:20	6:25	0	137 MLT Aikins Billable Miles	
60	Shelly, Dee	1:31:09	10:24	6:28	0	164 Hey We're Trying	
61	Uhlich, Jeff	1:31:44	10:28	6:30	0	139 United Cycle Heros	
62	Laycock, Ian	1:32:12	10:32	6:33	0	126 Team B2	
63	Feick, Clayton	1:33:29	10:40	6:38	0	160 Run Flats	
64	Frizzle, Isabelle	1:33:53	10:43	6:39	0	114 Running from our	
65	Barnes, Torri	1:34:06	10:45	6:41	0	119 Cool Pool Cruisers	
66	Mcpeak, Karen	1:34:10	10:45	6:41	0	130 Osler Outlaws	
67	Gosselin, Trevor	1:34:10	10:45	6:41	0	111 AER Reg U Later's	
68	Monson, Andrew	1:35:30	10:54	6:46	0	135 0 to 100 real slow	
69	Nelson, Jennifer	1:36:04	10:58	6:49	0	170 Sheep River Racers	
70	Johnson, Aaron	1:39:44	11:23	7:04	0	101 DLA Run Crew	
71	Davies, Trish	1:40:24	11:28	7:07	0	104 Team With a Theme	
72	Hamilton, Andrew	1:40:30	11:28	7:07	0	143 BDO Edmonton	
73	Volny, Ondrej	1:45:01	11:59	7:27	0	123 ESCAPE	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 5**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Ross, Daryl	1:13:17	6:42	4:10	0	138 SAIT Trojans, Friends	
2	Cote, Patrick	1:14:24	6:48	4:13	0	109 Nissen PL Running Room	
3	Zahynacz, Ryan	1:19:12	7:14	4:30	0	152 Mito Men	
4	Robbins, Nick	1:20:09	7:20	4:33	0	133 CNRL Rusty Road Runners	
5	Mansour, Adam	1:20:10	7:20	4:33	0	130 Osler Outlaws	
6	Fink, Niall	1:21:18	7:26	4:37	0	132 Ben Jonesin for Victory	
7	Lambert, Adrian	1:21:49	7:29	4:39	0	145 Whose Idea Was This	
8	Fink, Warren	1:22:04	7:30	4:40	0	153 The Lost Tribe	
9	Russell, Deborah	1:22:38	7:33	4:41	0	154 Mito Women	
10	Delaney, Colin	1:25:14	7:47	4:50	0	148 exprESSO	
11	Gutten, Tyler	1:25:47	7:50	4:52	0	117 Bayer Crop Science	
12	Zimmerman, Mike	1:25:51	7:51	4:53	0	128 Birchcliff Energizers	
13	Beswick, Byron	1:25:56	7:51	4:53	0	129 Felesky Flynn	
14	Stewart, Lisa	1:26:00	7:52	4:53	0	122 Nissen PL Running Room	
15	Volsteedt, Charl	1:26:29	7:54	4:54	0	116 Sheep River Racing Team	
16	Meshen, Robbie	1:26:51	7:56	4:56	0	115 Space Ponies	
17	Reid, Jeremy	1:26:54	7:57	4:56	0	157 Western Cdn Selects	
18	Roberts, Morris	1:27:42	8:01	4:59	0	172 Adrenaline Rush	
19	Glen, Cliff	1:27:54	8:02	4:59	0	139 United Cycle Heros	
20	Doram, Craig	1:28:34	8:06	5:02	0	123 ESCAPE	
21	Smith, Josh	1:29:54	8:13	5:06	0	120 BLAKES	
22	Kathol, Neil	1:30:01	8:14	5:07	0	150 First Blood	
23	Gray, Steve	1:31:22	8:21	5:11	0	146 Fast Trax Collective	
24	Armstrong, Jared	1:31:38	8:23	5:13	0	147 BLG Gazelles	
25	Stewart, Rory	1:32:34	8:28	5:16	0	161 Brintnell Grinders	
26	Plant, Jake	1:32:42	8:28	5:16	0	121 BD&P	
27	Kenney, Dan	1:33:55	8:35	5:20	0	101 DLA Run Crew	
28	Elgie, Thomas	1:34:32	8:38	5:22	0	125 Torys	
29	Norminton, Matt	1:34:55	8:41	5:24	0	108 Nissen PL Running Room	
30	Li, Leo	1:35:47	8:45	5:26	0	166 Nose Hill Running Club	
31	Zulic, Ana	1:35:52	8:46	5:27	0	107 Nissen PL Running Room	
32	Hagen, Neil	1:36:01	8:47	5:27	0	112 Strokies	
33	Cuthbertson, Andy	1:36:56	8:52	5:31	0	134 Central Alberta Masters	
34	Tabelev, Vlad	1:37:04	8:52	5:31	0	165 Stantec Stallions	
35	Mcperson, Sheila	1:37:07	8:53	5:31	0	105 Anvils	
36	Nutting, Allison	1:37:19	8:54	5:32	0	158 Not Quite Intact	
37	Leduc, Robert	1:37:32	8:55	5:32	0	135 0 to 100 real slow	
38	Holowaychuk, Lauren	1:37:48	8:56	5:33	0	126 Team B2	
39	Irving, Connor	1:37:53	8:57	5:34	0	127 Just Keep Running	
40	Feraco, Merissa	1:38:05	8:58	5:34	0	155 Fast Trax YEG Ladies	
41	Trudeau, Dino	1:38:10	8:58	5:34	0	144 Mercer	
42	Shiple, Amy	1:38:21	8:59	5:35	0	103 Pyramid Peckerheads	
43	Pryznyk, Don	1:39:09	9:04	5:38	0	118 The Joggernuts	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 5**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Smith, Jacqueline	1:41:06	9:14	5:44	0	114	Running from our
45	Holm, David	1:41:16	9:15	5:45	0	141	BDO Canada
46	Smith, Marc	1:41:27	9:16	5:45	0	102	Integrated Sust. H2Go
47	Jickling, Ward	1:41:39	9:17	5:46	0	143	BDO Edmonton
48	Meyer, Jeff	1:43:31	9:28	5:53	0	163	Worst Pace Scenario
49	Gilrie, Hal	1:44:55	9:35	5:57	0	167	Red Deer Runners
50	Diep, Tony	1:45:18	9:38	5:59	5	162	Lakeside Packers
51	La Haye, James	1:45:29	9:39	5:60	0	106	EnduraHealth
52	Rick, Ellen	1:45:33	9:39	5:60	0	171	Running from Something
53	Coulas, Matt	1:46:24	9:44	6:03	0	111	AER Reg U Later
54	Lafond, Drew	1:46:30	9:44	6:03	0	137	MLT Aikins Billable Miles
55	Bawol, David	1:46:39	9:45	6:03	0	159	Where's the Finish
56	Standing, Jesse	1:47:01	9:47	6:05	0	124	Dentons Canada LLP
57	Blomfield, Michael	1:48:03	9:53	6:08	0	156	Limpkins
58	Ransome, Liam	1:51:19	10:11	6:20	0	149	Pomeroy
59	Cronin, Michael	1:51:19	10:11	6:20	0	142	Speedy Spartans
60	Percy, Jerad	1:53:11	10:21	6:26	0	169	We Got the Runs
61	Barnes, Marty	1:54:15	10:27	6:30	0	119	Cool Pool Cruisers
62	Hudson, Dean	1:56:37	10:40	6:38	0	170	Sheep River Racers
63	Macmillan, John	1:57:37	10:45	6:41	0	136	Lost in Pace
64	Sinclair, Paul	1:58:32	10:50	6:44	0	110	Scrambled Legs
65	Dykstra, David	1:58:46	10:51	6:44	0	168	The SAMsquatches
66	Collins, Tyler	1:59:00	10:53	6:46	0	164	Hey We're Trying
67	Clark, Victoria	2:02:59	11:14	6:59	0	160	Run Flats
68	Smith, Meredith	2:03:28	11:17	7:01	0	131	Monarchs Rule
69	Clark, Peter	2:06:16	11:33	7:11	0	140	Field Law
70	Peters, Tara	2:09:06	11:48	7:20	0	104	Team With a Theme
71	Popescu, Cat	2:10:45	11:57	7:25	0	173	Mito Mixed
72	Denstedt, Sam	2:15:49	12:25	7:43	0	151	Bullet Jones
73	Dea, Tim	2:18:01	12:37	7:50	0	113	10 Fat White Guys

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 6**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Bell, Darcy	0:32:34	5:35	3:28	0	152	Mito Men
2	Ong, Simon	0:33:18	5:42	3:32	0	146	Fast Trax Collective
3	Peters, Andrew	0:34:58	5:59	3:43	0	109	Nissen PL Running Room
4	Graen, Petra	0:38:29	6:35	4:05	0	155	Fast Trax YEG Ladies
5	Pageau, Jacqueline	0:38:38	6:37	4:07	0	148	exprESSO
6	Agnew, Brad	0:39:19	6:44	4:11	0	108	Nissen PL Running Room
7	Zimmerman, Mike	0:39:22	6:44	4:11	0	128	Birchcliff Energizers
8	Reed, Deb	0:39:34	6:47	4:13	0	154	Mito Women
9	Soderberg, Alana	0:39:41	6:48	4:13	0	145	Whose Idea Was This
10	Norminton, Jen	0:39:59	6:51	4:15	0	122	Nissen PL Running Room
11	Tallas, Darren	0:40:31	6:56	4:18	0	133	CNRL Rusty Road Runners
12	Cassidy, Kevin	0:41:31	7:07	4:25	0	153	The Lost Tribe
13	Stockton, Alea	0:42:27	7:16	4:31	0	138	SAIT Trojans, Friends
14	Thiessen, Larry	0:42:29	7:16	4:31	0	106	EnduraHealth
15	Boyle, Colm	0:42:32	7:17	4:32	0	132	Ben Jonesin for Victory
16	Lennarson, Michelle	0:42:32	7:17	4:32	0	139	United Cycle Heros
17	Curoe, Dave	0:42:33	7:17	4:32	0	171	Running from Something
18	Moquin, Yvan	0:43:17	7:25	4:36	0	125	Torys
19	Lambert, Martin	0:43:48	7:30	4:40	0	173	Mito Mixed
20	Nitoslawski, Jan	0:43:55	7:31	4:40	0	130	Osler Outlaws
21	Lee, Don	0:44:04	7:33	4:41	0	134	Central Alberta Masters
22	Ali, Marwa	0:44:06	7:33	4:41	0	107	Nissen PL Running Room
23	Mccaffrey, Janice	0:44:31	7:37	4:44	0	172	Adrenaline Rush
24	Elliott, Mark	0:45:40	7:49	4:51	0	124	Dentons Canada LLP
25	Laustsen, Nicole	0:45:41	7:49	4:51	0	161	Brintnell Grinders
26	Wang, Jessie	0:45:44	7:50	4:52	0	166	Nose Hill Running Club
27	Ionescu-mocanu, Simina	0:46:31	7:58	4:57	0	121	BD&P
28	Meyer, Tess	0:46:56	8:02	4:59	0	163	Worst Pace Scenario
29	Bakker, Nicole	0:47:18	8:06	5:02	0	120	BLAKES
30	Mireault, Melanie	0:47:19	8:06	5:02	0	151	Bullet Jones
31	Tane, Peter	0:47:29	8:08	5:03	0	142	Speedy Spartans
32	Brinkhof, Jos	0:47:41	8:10	5:04	0	116	Sheep River Racing Team
33	Ho, Rachel	0:47:50	8:11	5:05	0	165	Stantec Stallions
34	Wallace, Scott	0:47:55	8:12	5:06	0	113	10 Fat White Guys
35	Hilling, Corey	0:48:25	8:17	5:09	0	127	Just Keep Running
36	James, Emma	0:48:30	8:18	5:09	0	160	Run Flats
37	Hill, Maxwell	0:49:07	8:25	5:14	0	123	ESCAPE
38	Kelly, Lauren	0:49:10	8:25	5:14	0	162	Lakeside Packers
39	Crocker, Erin	0:49:37	8:30	5:17	0	164	Hey We're Trying
40	Thorne, Evie	0:49:48	8:32	5:18	0	140	Field Law
41	Leiter, Josie	0:50:02	8:34	5:19	0	104	Team With a Theme
42	O'shea, Dermot	0:50:04	8:34	5:19	0	157	Western Cdn Selects
43	Hosfield, Kathleen	0:50:16	8:36	5:21	0	114	Running from our

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 6**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Hu, Richard	0:50:17	8:37	5:21	0	131 Monarchs Rule	
45	Goodwin, Christina	0:50:46	8:42	5:24	0	129 Felesky Flynn	
46	Stecyk, Elizabeth	0:50:48	8:42	5:24	0	143 BDO Edmonton	
47	Jesske, Kevin	0:51:36	8:50	5:29	0	115 Space Ponies	
48	Lasecka, Urszula	0:51:39	8:51	5:30	0	117 Bayer Crop Science	
49	Wang, Jason	0:52:45	9:02	5:37	0	147 BLG Gazelles	
50	Haji, Sadeeq	0:52:49	9:03	5:37	0	141 BDO Canada	
51	Heuver, Jacqueline	0:53:59	9:15	5:45	0	170 Sheep River Racers	
52	Arndt, Jennifer	0:54:06	9:16	5:45	0	101 DLA Run Crew	
53	Swan, Patricia	0:54:18	9:18	5:47	0	136 Lost in Pace	
54	Napen, Dea	0:54:32	9:20	5:48	0	144 Mercer	
55	Gregory, Fiona	0:56:04	9:36	5:58	0	168 The SAMsquatches	
56	Mc Queen, Beaudean	0:56:20	9:39	5:60	0	149 Pomeroy	
57	Barnes, Haley	0:56:29	9:40	6:00	0	119 Cool Pool Cruisers	
58	Cooper, Barbara	0:56:51	9:44	6:03	0	110 Scrambled Legs	
59	St Louis, Julie	0:58:10	9:58	6:12	0	111 AER Reg U Latera	
60	Andriashek Thom, Rachel	0:59:18	10:09	6:18	0	158 Not Quite Intact	
61	Percy, Leanne	0:59:23	10:10	6:19	0	169 We Got the Runs	
62	Webster, Catrina	0:59:59	10:16	6:23	0	137 MLT Aikins Billable Miles	
63	Hadden, Heather	1:00:21	10:20	6:25	0	105 Anvils	
64	Kathol, Barbara	1:00:25	10:21	6:26	0	150 First Blood	
65	Keturakis, Jennifer	1:00:46	10:24	6:28	0	102 Integrated Sust. H2Go	
66	Platten, Dale	1:00:57	10:26	6:29	0	118 The Joggernuts	
67	Cole, Laurant	1:01:59	10:37	6:36	0	156 Limpkins	
68	Quick, Jordan	1:02:23	10:41	6:38	0	135 0 to 100 real slow	
69	Banol, Eurose	1:05:11	11:10	6:56	0	159 Where's the Finish	
70	Osualdini, Crista	1:05:37	11:14	6:59	0	112 Strokies	
71	Goodkey, Ladonn	1:05:50	11:16	6:60	0	167 Red Deer Runners	
72	Buchanan, Chris	1:06:17	11:21	7:03	0	103 Pyramid Peckerheads	
73	Laycock, Andrew	1:06:53	11:27	7:07	0	126 Team B2	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 7**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Law, Graeme	0:59:16	5:47	3:36	5	109 Nissen PL Running Room	
2	Thorpe, Bruce	1:03:08	6:10	3:50	0	146 Fast Trax Collective	
3	Myers, Tim	1:05:40	6:24	3:59	0	132 Ben Jonesin for Victory	
4	Lindland, Kevin	1:05:42	6:25	3:59	0	152 Mito Men	
5	Cummings, Madeleine	1:05:51	6:25	3:59	0	122 Nissen PL Running Room	
6	Clancy, Shannyn	1:08:39	6:42	4:10	0	173 Mito Mixed	
7	Spruyt, Keith	1:08:47	6:43	4:10	0	108 Nissen PL Running Room	
8	Mciver, Jordan	1:08:57	6:44	4:11	0	153 The Lost Tribe	
9	Wieclawek, Stefan	1:09:30	6:47	4:13	0	128 Birchcliff Energizers	
10	Volschenk, Waldo	1:11:05	6:56	4:18	0	133 CNRL Rusty Road Runners	
11	Brown, Laura	1:12:14	7:03	4:23	0	155 Fast Trax YEG Ladies	
12	Soltice, John	1:12:49	7:06	4:25	0	145 Whose Idea Was This	
13	Lebrun, David	1:13:35	7:11	4:28	0	149 Pomeroy	
14	Shiple, Mike	1:14:08	7:14	4:30	0	103 Pyramid Peckerheads	
15	Moulton, Kellan	1:14:23	7:15	4:30	5	124 Dentons Canada LLP	
16	Lambert, Carmen	1:14:37	7:17	4:32	0	154 Mito Women	
17	Guo, Liwu	1:15:21	7:21	4:34	0	166 Nose Hill Running Club	
18	Danard, Ann	1:15:26	7:22	4:35	0	138 SAIT Trojans, Friends	
19	Trocolli-hughes, Bailey	1:15:59	7:25	4:36	0	107 Nissen PL Running Room	
20	Macgillivray, Brett	1:17:10	7:32	4:41	0	163 Worst Pace Scenario	
21	Jurkov, Sergey	1:18:58	7:42	4:47	0	148 exprESSO	
22	Brown, Jonathan	1:19:02	7:43	4:48	0	101 DLA Run Crew	
23	Szeto, Jonathan	1:20:42	7:52	4:53	0	129 Felesky Flynn	
24	Toombs, Lori	1:20:45	7:53	4:54	0	116 Sheep River Racing Team	
25	Aman, Chloe	1:20:50	7:53	4:54	0	115 Space Ponies	
26	Trudeau, Melanie	1:21:02	7:54	4:54	0	156 Limpkins	
27	Brooks, Will	1:22:00	8:00	4:58	0	106 EnduraHealth	
28	Helm, Steve	1:22:03	8:00	4:58	0	118 The Joggernuts	
29	Hawe, Rachel	1:22:28	8:03	5:00	0	112 Strokies	
30	Brown, Channing	1:22:37	8:04	5:01	0	140 Field Law	
31	Smith, Pat	1:23:16	8:07	5:03	0	102 Integrated Sust. H2Go	
32	Trimble, Patty	1:23:33	8:09	5:04	0	172 Adrenaline Rush	
33	Arsenault, Andre	1:23:54	8:11	5:05	0	136 Lost in Pace	
34	Banack, Melissa	1:24:00	8:12	5:06	0	164 Hey We're Trying	
35	Holmes, Michelle	1:24:19	8:14	5:07	0	125 Torsys	
36	Verhelst, Daniel	1:25:18	8:19	5:10	0	127 Just Keep Running	
37	Benning, David	1:25:26	8:20	5:11	0	111 AER Reg U Later's	
38	Kriel, Kristel	1:25:41	8:22	5:12	0	137 MLT Aikins Billable Miles	
39	Wallace, Scott	1:26:50	8:28	5:16	0	113 10 Fat White Guys	
40	Goodkey, Murray	1:27:09	8:30	5:17	0	167 Red Deer Runners	
41	James, Dan	1:28:20	8:37	5:21	0	160 Run Flats	
42	Albrecht, Brent	1:28:22	8:37	5:21	0	162 Lakeside Packers	
43	Dixon, Evan	1:28:30	8:38	5:22	0	121 BD&P	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 7**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Hills, Dave	1:28:42	8:39	5:22	0	157	Western Cdn Selects
45	Somers, Liam	1:29:44	8:45	5:26	0	134	Central Alberta Masters
46	Ghai, Sam	1:29:50	8:46	5:27	0	150	First Blood
47	Story, Mark	1:30:59	8:53	5:31	0	165	Stantec Stallions
48	Hobday, Katie	1:31:08	8:53	5:31	0	110	Scrambled Legs
49	Hamill, Catherine	1:31:13	8:54	5:32	0	130	Osler Outlaws
50	Ellis-worden, Vanessa	1:32:04	8:59	5:35	0	141	BDO Canada
51	Kildare, Carolyn	1:32:09	8:59	5:35	0	144	Mercer
52	Comstock, Andy	1:32:42	9:03	5:37	0	139	United Cycle Heros
53	Riederkrisinger, Anna	1:33:54	9:10	5:42	0	117	Bayer Crop Science
54	Tkachuk, Elizabeth	1:34:37	9:14	5:44	0	143	BDO Edmonton
55	De Laurentiis, Aimee	1:35:24	9:18	5:47	0	135	0 to 100 real slow
56	Lamoureux, Katie	1:35:31	9:19	5:47	0	168	The SAMsquatches
57	Devinis, Meghan	1:35:52	9:21	5:49	0	120	BLAKES
58	Urbina, Liz	1:36:30	9:25	5:51	0	161	Brintnell Grinders
59	Hill, Alexis	1:38:34	9:37	5:58	0	123	ESCAPE
60	Patton, Helen	1:40:18	9:47	6:05	0	104	Team With a Theme
61	Massina, Sean	1:40:20	9:47	6:05	0	114	Running from our
62	Chen, Siwei	1:40:24	9:48	6:05	0	147	BLG Gazelles
63	Lee, Megan	1:41:18	9:53	6:08	0	126	Team B2
64	Densmorem Coult, J	1:43:08	10:04	6:15	5	119	Cool Pool Cruisers
65	Vicicgustafson, Breahna	1:43:42	10:07	6:17	0	170	Sheep River Racers
66	Tsang-mckenzie, Sabrina	1:44:04	10:09	6:18	0	158	Not Quite Intact
67	Hack, Victoria	1:45:37	10:18	6:24	0	105	Anvils
68	Olynyk, Carlin	1:46:05	10:21	6:26	0	142	Speedy Spartans
69	Bertagnolli, Megan	1:48:05	10:33	6:33	0	171	Running from Something
70	Percy, Jackson	1:50:22	10:46	6:41	0	169	We Got the Runs
71	Wilson, Laura	1:54:05	11:08	6:55	0	159	Where's the Finish
72	Peterson, Jeff	1:59:51	11:42	7:16	0	131	Monarchs Rule
73	Mavridis, Angele	2:09:46	12:40	7:52	0	151	Bullet Jones

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 8**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Marsden, Duncan	0:55:15	5:36	3:29	0	147	BLG Gazelles
2	Nissen, Robbie	0:55:20	5:36	3:29	0	109	Nissen PL Running Room
3	Draude, Jody	0:56:44	5:45	3:34	0	152	Mito Men
4	Bell, Darcy	1:01:23	6:13	3:52	0	173	Mito Mixed
5	Rynn, Isaac	1:04:58	6:35	4:05	0	138	SAIT Trojans, Friends
6	Barr, Sean	1:05:05	6:35	4:05	0	108	Nissen PL Running Room
7	Van Vliet, Jenna	1:07:01	6:47	4:13	0	145	Whose Idea Was This
8	Macdonald, Megan	1:07:24	6:49	4:14	0	154	Mito Women
9	Durance, Jason	1:09:01	6:59	4:20	5	153	The Lost Tribe
10	Gordon, Scott	1:09:03	6:59	4:20	0	148	expRESSO
11	Harvey, Michele	1:10:35	7:09	4:27	0	122	Nissen PL Running Room
12	Caetano, Hernani	1:10:39	7:09	4:27	0	131	Monarchs Rule
13	Borthwick, Deb	1:10:46	7:10	4:27	0	128	Birchcliff Energizers
14	Nichol, Jeff	1:11:47	7:16	4:31	0	106	EnduraHealth
15	Shuttleworth, Laura	1:13:41	7:27	4:38	0	146	Fast Trax Collective
16	Kufeldt, Nanette	1:14:23	7:32	4:41	0	155	Fast Trax YEG Ladies
17	Field, Sarah	1:14:55	7:35	4:43	0	157	Western Cdn Selects
18	Dixon, Rema	1:15:35	7:39	4:45	0	121	BD&P
19	Podlecki, Lisa	1:16:54	7:47	4:50	0	107	Nissen PL Running Room
20	Tomei, Lucas	1:17:31	7:51	4:53	0	124	Dentons Canada LLP
21	Bettoni, Daniela	1:17:40	7:52	4:53	0	149	Pomeroy
22	Just, Ron	1:18:06	7:54	4:54	0	134	Central Alberta Masters
23	Li, Xiaodong	1:18:35	7:57	4:56	0	166	Nose Hill Running Club
24	Schenk, Taylor	1:19:12	8:01	4:59	0	114	Running from our
25	Wright, Greg	1:20:30	8:09	5:04	0	116	Sheep River Racing Team
26	Aitken, Kevin	1:20:53	8:11	5:05	0	172	Adrenaline Rush
27	Wells, James	1:21:45	8:16	5:08	0	139	United Cycle Heros
28	Dickinson, Evan	1:21:53	8:17	5:09	0	125	Torys
29	Buchanan, Meg	1:22:04	8:18	5:09	0	126	Team B2
30	Dominguez, Ruben	1:22:20	8:20	5:11	0	142	Speedy Spartans
31	Phipps, Steve	1:24:26	8:33	5:19	0	113	10 Fat White Guys
32	Goodfellow, Vince	1:24:32	8:33	5:19	0	132	Ben Jonesin for Victory
33	Chan, Jenny	1:25:44	8:41	5:24	0	110	Scrambled Legs
34	Meyer, Brigitte	1:26:06	8:43	5:25	0	165	Stantec Stallions
35	Jones, Sindy	1:26:12	8:43	5:25	0	141	BDO Canada
36	Fellows, Chelsey	1:26:50	8:47	5:27	0	171	Running from Something
37	Munro, Reid	1:26:52	8:48	5:28	0	133	CNRL Rusty Road Runners
38	Bartlett, Mike	1:27:46	8:53	5:31	0	103	Pyramid Peckerheads
39	Calvert, Jody	1:28:09	8:55	5:32	0	102	Integrated Sust. H2Go
40	Albrecht, Kelly	1:28:27	8:57	5:34	0	162	Lakeside Packers
41	Rieger, Kate	1:29:02	9:01	5:36	0	164	Hey We're Trying
42	Chantler, Monique	1:29:13	9:02	5:37	0	130	Osler Outlaws
43	Batzel, John	1:29:24	9:03	5:37	0	151	Bullet Jones

# Runner Order by Leg 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada

## Leg Number 8

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Hardy, Katherine	1:29:46	9:05	5:39	0	170	Sheep River Racers
45	Arndt, Dana	1:29:47	9:05	5:39	0	163	Worst Pace Scenario
46	Stuber, Kimberly	1:30:17	9:08	5:40	0	115	Space Ponies
47	James, Devin	1:30:18	9:08	5:40	0	143	BDO Edmonton
48	Holod, Carol	1:30:31	9:10	5:42	0	104	Team With a Theme
49	Chen, Donna	1:30:44	9:11	5:42	0	135	0 to 100 real slow
50	Little, Jesse	1:32:07	9:19	5:47	0	144	Mercer
51	Walsh, Joe	1:32:36	9:22	5:49	0	101	DLA Run Crew
52	Pinette, Josh	1:34:07	9:32	5:55	0	105	Anvils
53	Carson, Monica	1:34:54	9:36	5:58	0	159	Where's the Finish
54	Maiani, Meghan	1:35:21	9:39	5:60	0	160	Run Flats
55	Rowles, Trevor	1:35:35	9:40	6:00	0	120	BLAKES
56	Kirwin, Meara	1:36:18	9:45	6:03	0	150	First Blood
57	Gans, Matthew	1:36:52	9:48	6:05	0	117	Bayer Crop Science
58	Duncan, Harrison	1:37:44	9:54	6:09	0	161	Brintnell Grinders
59	Phillips, Cindy	1:38:16	9:57	6:11	0	136	Lost in Pace
60	Williamson, Kendra	1:38:22	9:57	6:11	0	127	Just Keep Running
61	Fu, Katherine	1:39:11	10:02	6:14	0	140	Field Law
62	Nissen, Emily	1:39:27	10:04	6:15	0	156	Limpkins
63	Mckenzie, Alan	1:39:50	10:06	6:17	0	158	Not Quite Intact
64	Miazga, Steve	1:42:09	10:20	6:25	0	129	Felesky Flynn
65	King, Mike	1:43:37	10:29	6:31	0	169	We Got the Runs
66	Gerein, Shannon	1:43:40	10:30	6:31	0	118	The Joggernauts
67	Jones, Doug	1:43:55	10:31	6:32	0	168	The SAMsquatches
68	Best, Madeline	1:48:47	11:01	6:51	0	111	AER Reg U Latera
69	Goodwin, Diane	1:49:14	11:03	6:52	0	167	Red Deer Runners
70	Forys, Eva	1:50:43	11:12	6:58	0	137	MLT Aikins Billable Miles
71	Densmore, Teagan	1:52:45	11:25	7:06	5	119	Cool Pool Cruisers
72	Mrklas, Kelly	1:56:50	11:50	7:21	0	123	ESCAPE
73	Kinney, Amber	2:18:59	14:04	8:44	0	112	Strokies

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 9**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Brett, Allan	0:43:06	5:53	3:39	0	152 Mito Men	
2	Sundt, Kirk	0:43:29	5:56	3:41	0	109 Nissen PL Running Room	
3	Titus, Morgan	0:45:06	6:09	3:49	0	124 Dentons Canada LLP	
4	Davis, Mark	0:45:38	6:14	3:52	0	171 Running from Something	
5	Ratzlaff, Trent	0:47:00	6:25	3:59	0	138 SAIT Trojans, Friends	
6	D'esterre, Chris	0:47:10	6:26	3:60	0	112 Strokies	
7	Fitz, Arielle	0:47:33	6:29	4:02	0	154 Mito Women	
8	Hains, Aaron	0:49:03	6:42	4:10	0	125 Torys	
9	Snook, Andrew	0:49:54	6:48	4:13	0	153 The Lost Tribe	
10	Dong, Kyle	0:50:13	6:51	4:15	0	108 Nissen PL Running Room	
11	Popescu, Andrei	0:50:50	6:56	4:18	0	128 Birchcliff Energizers	
12	Widney, Chantell	0:51:24	7:01	4:22	0	145 Whose Idea Was This	
13	Hopper, Clay	0:52:19	7:08	4:26	0	111 AER Reg U Later	
14	Storey, Mark	0:52:29	7:10	4:27	0	165 Stantec Stallions	
15	Burke, Loren	0:52:37	7:11	4:28	0	173 Mito Mixed	
16	Moore, Rob	0:52:58	7:14	4:30	0	123 ESCAPE	
17	Mack, Natalia	0:53:28	7:18	4:32	0	122 Nissen PL Running Room	
18	Jones, Morgan	0:53:32	7:18	4:32	0	144 Mercer	
19	Stepanik, Otto	0:54:02	7:22	4:35	0	134 Central Alberta Masters	
20	Guzzardi, David	0:55:16	7:32	4:41	0	156 Limpin	
21	Parchem, Wayne	0:55:38	7:35	4:43	0	158 Not Quite Intact	
22	Sorensen, Martin	0:55:54	7:38	4:45	0	132 Ben Jonesin for Victory	
23	Merwin, Shawn	0:56:01	7:39	4:45	0	136 Lost in Pace	
24	Wu, Jiannong	0:56:25	7:42	4:47	0	166 Nose Hill Running Club	
25	Blanchet, Benoit	0:56:45	7:45	4:49	0	147 BLG Gazelles	
26	Milner, Bruce	0:56:59	7:46	4:50	0	148 exprESSO	
27	Cole, Dana	0:57:36	7:51	4:53	0	119 Cool Pool Cruisers	
28	Dezeeuw, Trevor	0:57:42	7:52	4:53	0	168 The SAMsquatches	
29	Squire, Bobbi	0:57:44	7:53	4:54	0	142 Speedy Spartans	
30	Peacock, Anna	0:58:07	7:56	4:56	0	107 Nissen PL Running Room	
31	Moriarty, Mike	0:58:24	7:58	4:57	0	161 Brintnell Grinders	
32	Halbert, Evan	0:58:25	7:58	4:57	0	163 Worst Pace Scenario	
33	Downie, Daniel	0:59:04	8:03	5:00	0	130 Osler Outlaws	
34	Davis, Kevin	0:59:26	8:06	5:02	0	133 CNRL Rusty Road Runners	
35	Thomson, George	1:00:01	8:11	5:05	0	157 Western Cdn Selects	
36	Maldonado, Diego	1:00:45	8:17	5:09	0	114 Running from our	
37	Warawa, Samantha	1:01:28	8:23	5:13	0	155 Fast Trax YEG Ladies	
38	Kentel, Kevin	1:01:53	8:27	5:15	0	103 Pyramid Peckerheads	
39	Irvine, Tyler	1:02:15	8:30	5:17	0	164 Hey We're Trying	
40	De Jong, Saskia	1:02:17	8:30	5:17	0	146 Fast Trax Collective	
41	Hollowaychuk, Dave	1:03:49	8:42	5:24	0	126 Team B2	
42	Torrens, Jean	1:05:23	8:55	5:32	0	137 MLT Aikins Billable Miles	
43	Lazaruk, John	1:05:27	8:56	5:33	0	113 10 Fat White Guys	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 9**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Morrison, Kelly	1:05:56	9:00	5:36	0	102	Integrated Sust. H2Go
45	Taiman, Koveh	1:06:00	9:00	5:36	0	149	Pomeroy
46	Gackle, Breanne	1:06:29	9:04	5:38	0	162	Lakeside Packers
47	Spath, Linda	1:07:03	9:09	5:41	0	110	Scrambled Legs
48	Wood, Tasha	1:07:07	9:09	5:41	0	121	BD&P
49	Moser, Geoff	1:07:11	9:10	5:42	0	127	Just Keep Running
50	Keenan, Daniel	1:07:40	9:14	5:44	0	141	BDO Canada
51	Woods, Keenan	1:08:03	9:17	5:46	0	101	DLA Run Crew
52	Krause, Melissa	1:08:10	9:18	5:47	0	104	Team With a Theme
53	Helm, Nancy	1:08:29	9:21	5:49	0	118	The Joggernuts
54	Zmurchyk, Mike	1:08:30	9:21	5:49	0	115	Space Ponies
55	Leonard, Carolyn	1:08:35	9:21	5:49	0	172	Adrenaline Rush
56	Buffett, Matt	1:08:38	9:22	5:49	0	150	First Blood
57	Kennedy, Rick	1:10:03	9:33	5:56	0	106	EnduraHealth
58	Mizibrocky, Scott	1:10:13	9:35	5:57	0	160	Run Flats
59	Morrison, Lee	1:11:25	9:45	6:03	0	159	Where's the Finish
60	Wickham, Dj	1:12:10	9:51	6:07	0	135	0 to 100 real slow
61	Ridge, Stephanie	1:12:33	9:54	6:09	0	151	Bullet Jones
62	Heuver, Josh	1:12:59	9:57	6:11	0	170	Sheep River Racers
63	Tomic, Predrag	1:14:48	10:12	6:20	0	140	Field Law
64	Smart, Dave	1:15:24	10:17	6:23	0	116	Sheep River Racing Team
65	Anderson, Cathy	1:15:39	10:19	6:25	0	129	Felesky Flynn
66	Li, Bryan	1:15:52	10:21	6:26	0	120	BLAKES
67	Schumacher, John	1:17:56	10:38	6:36	0	167	Red Deer Runners
68	Koopman, Edda	1:18:01	10:39	6:37	0	117	Bayer Crop Science
69	Zerk, Sharon	1:21:15	11:05	6:53	0	105	Anvils
70	Mayner, Vanessa	1:22:12	11:13	6:58	0	169	We Got the Runs
71	Lorinczi, Klara	1:22:19	11:14	6:59	0	139	United Cycle Heros
72	Wiebe, Candice	1:34:53	12:57	8:03	0	131	Monarchs Rule
73	Kallal, Susan	1:43:45	14:09	8:47	0	143	BDO Edmonton

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 10**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
1	Allen, Charles	0:58:57	5:49	3:37	0	109 Nissen PL Running Room	
2	Grieco, Ryan	1:00:54	6:01	3:44	0	133 CNRL Rusty Road Runners	
3	Wisnoski, Kyle	1:02:20	6:09	3:49	0	138 SAIT Trojans, Friends	
4	O'brien, Ben	1:04:20	6:21	3:57	0	145 Whose Idea Was This	
5	Titus, Morgan	1:04:53	6:24	3:59	0	124 Dentons Canada LLP	
6	Deforge, Darrin	1:05:21	6:27	4:00	0	108 Nissen PL Running Room	
7	Azar, Austin	1:06:31	6:34	4:05	0	173 Mito Mixed	
8	Paauwe, Reinier	1:06:51	6:36	4:06	0	152 Mito Men	
9	Steele, Taylor	1:08:08	6:44	4:11	0	165 Stantec Stallions	
10	Paauwe, Melissa	1:09:05	6:49	4:14	0	154 Mito Women	
11	Sevalrud, Robert	1:09:43	6:53	4:17	0	120 BLAKES	
12	Hossini, Komie	1:09:47	6:53	4:17	0	117 Bayer Crop Science	
13	Hansen, Kristen	1:10:49	6:59	4:20	0	122 Nissen PL Running Room	
14	Skoreyko, Roxanne	1:11:07	7:01	4:22	0	107 Nissen PL Running Room	
15	Gerrand, Sam	1:11:29	7:03	4:23	0	126 Team B2	
16	Evans, Doug	1:11:33	7:04	4:23	0	172 Adrenaline Rush	
17	Shuttleworth, Wayne	1:12:35	7:10	4:27	0	146 Fast Trax Collective	
18	Sharp, Dan	1:13:17	7:14	4:30	0	128 Birchcliff Energizers	
19	Oke, Abbey	1:13:34	7:16	4:31	0	164 Hey We're Trying	
20	Yin, Henry	1:15:06	7:25	4:36	0	166 Nose Hill Running Club	
21	Heuver, Jacob	1:15:25	7:27	4:38	0	170 Sheep River Racers	
22	Snook, Andrew	1:16:14	7:32	4:41	0	153 The Lost Tribe	
23	Sevalrud, Austin	1:16:57	7:36	4:43	0	125 Torys	
24	Lecocq, Vance	1:17:46	7:41	4:46	0	141 BDO Canada	
25	Jeffries, Stephanie	1:18:03	7:42	4:47	0	148 exprESSO	
26	Coulter, Mike	1:18:09	7:43	4:48	0	119 Cool Pool Cruisers	
27	Nyman, Cassidy	1:18:11	7:43	4:48	0	161 Brintnell Grinders	
28	Nichols, Sean	1:19:56	7:53	4:54	0	105 Anvils	
29	Mccloskey, Andrew	1:20:00	7:54	4:54	0	171 Running from Something	
30	Mazurek, Matthew	1:20:47	7:58	4:57	0	163 Worst Pace Scenario	
31	Bone, Anthony	1:21:44	8:04	5:01	0	157 Western Cdn Selects	
32	Jenkinson, Doug	1:21:52	8:05	5:01	0	160 Run Flats	
33	Salsman, Jamie	1:22:09	8:07	5:03	0	132 Ben Jonesin for Victory	
34	Finley, Robyn	1:24:02	8:18	5:09	0	121 BD&P	
35	Bustos, Beto	1:24:10	8:19	5:10	0	139 United Cycle Heros	
36	Wickham, Dj	1:24:11	8:19	5:10	0	135 0 to 100 real slow	
37	Kennedy, Thomas	1:25:03	8:24	5:13	0	106 EnduraHealth	
38	Dyrland, Deb	1:25:17	8:25	5:14	0	134 Central Alberta Masters	
39	Toombs, Mark	1:26:39	8:33	5:19	0	116 Sheep River Racing Team	
40	Klassen, Brandon	1:27:08	8:36	5:21	0	136 Lost in Pace	
41	Prenislo, Linda	1:27:41	8:39	5:22	0	143 BDO Edmonton	
42	Greenwood, Mark	1:28:17	8:43	5:25	0	144 Mercer	
43	Carter, Danny	1:28:21	8:43	5:25	0	156 Limpkins	

**Runner Order by Leg** 33rd Kananaskis 100 Relay Race 22 June 2019 for Mito Canada**Leg Number 10**

<b>Rank</b>	<b>Runner</b>	<b>Time</b>	<b>Min/Mile</b>	<b>Min/Km</b>	<b>Pen</b>	<b>Team</b>	<b>Team Name</b>
44	Anna Hughes, Heidi	1:28:26	8:44	5:26	0	155 Fast Trax	YEG Ladies
45	Neupane, Manny	1:28:59	8:47	5:27	0	159 Where's the Finish	
46	Tomkys, James	1:29:24	8:50	5:29	0	149 Pomeroy	
47	Gray, Kaitlin	1:29:29	8:50	5:29	0	130 Osler	Outlaws
48	Wiebe, James	1:30:28	8:56	5:33	0	115 Space Ponies	
49	Kirwin, Erin	1:32:00	9:05	5:39	0	150 First Blood	
50	Anderson, Brett	1:32:08	9:06	5:39	0	129 Felesky Flynn	
51	Hill, Peter	1:32:42	9:09	5:41	0	123 ESCAPE	
52	Samuel, Daffyd	1:33:14	9:12	5:43	0	147 BLG Gazelles	
53	Kardash, Drew	1:33:38	9:15	5:45	0	103 Pyramid	Peckerheads
54	Stjames, Ryan	1:35:32	9:26	5:52	0	127 Just Keep Running	
55	Precht, Kimberly	1:35:35	9:26	5:52	0	140 Field Law	
56	Schneider, Brad	1:36:08	9:29	5:54	0	101 DLA Run Crew	
57	Courtright, Sigourney	1:36:22	9:31	5:55	0	114 Running from our	
58	Fenwick, Peter	1:36:42	9:33	5:56	0	112 Strokies	
59	Cooper, Alan	1:37:15	9:36	5:58	0	110 Scrambled Legs	
60	Reed, Steve	1:37:19	9:36	5:58	0	168 The SAMsquatches	
61	Kaukas, Adam	1:38:32	9:44	6:03	0	137 MLT Aikins	Billable Miles
62	Melvin, Andrew	1:41:12	9:59	6:12	0	102 Integrated Sust.	H2Go
63	Stranquist, Wade	1:41:33	10:01	6:13	0	113 10 Fat White Guys	
64	Denoudsten, Case	1:42:22	10:06	6:17	0	167 Red Deer Runners	
65	Bradley, Jay	1:42:52	10:09	6:18	0	118 The Joggernuts	
66	Belziuk, Jeff	1:44:28	10:19	6:25	0	162 Lakeside Packers	
67	King, Crystal	1:45:03	10:22	6:26	0	169 We Got the Runs	
68	Smith, Adam	1:45:28	10:25	6:28	0	131 Monarchs Rule	
69	Naas, Dennis	1:47:45	10:38	6:36	0	111 AER Reg U Later's	
70	Hamill, Jay	1:50:01	10:52	6:45	0	142 Speedy Spartans	
71	Brady, Tammy	1:50:40	10:55	6:47	0	104 Team With a Theme	
72	Schmigelski, Denise	1:55:02	11:21	7:03	0	158 Not Quite Intact	
73	Dwyer, Stacey	2:15:01	13:20	8:17	0	151 Bullet Jones	