

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 1**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Rawling, Angus	1:04:41	5:36	3:29	0	150	Team Mito Men
2	Gulilat, Dejene	1:07:06	5:48	3:36	0	147	Running Room Men
3	Haddow, Nicholas	1:10:15	6:05	3:47	0	155	Team Mito Mixed
4	Hickey, Sean	1:13:05	6:19	3:55	0	165	SAIT Trojans, Friends Men
5	Allen, Charles	1:13:43	6:23	3:58	0	146	Running Room RonHill Men
6	Lambert, Adrian	1:14:07	6:25	3:59	0	141	Whose Idea Was This A
7	Humphreys, Rachael	1:14:54	6:29	4:02	0	149	Nissen Patent Law RR
8	Shikaze, Jeff	1:16:28	6:37	4:07	0	143	Adrenaline Rush
9	Boyle, Shari	1:18:04	6:45	4:12	0	137	CriticalSpeed Racing Team
10	Falke, Gunnar	1:21:10	7:01	4:22	0	110	Doka
11	Durance, Jason	1:21:50	7:05	4:24	0	123	The Lost Tribe
12	Jalkotzy, Georg	1:22:01	7:06	4:25	0	112	Osler Outlaws
13	Norminton, Matt	1:22:06	7:06	4:25	0	148	New Balance Running Rm
14	Chiswell, Paul	1:22:07	7:06	4:25	0	129	BD&P Running from Law
15	Kohlsmith, Brad	1:23:41	7:14	4:30	0	152	Pembina Pipelines
16	Turner, Nikki	1:24:06	7:17	4:32	0	122	DLA Piper-Why chasing us?
17	Ainsworth, Reina	1:24:10	7:17	4:32	0	104	Fast Trax Edm Rebellettes
18	Crabtree, Jack	1:24:27	7:18	4:32	0	159	exprESSO
19	Hossini, Komie	1:24:31	7:19	4:33	0	125	Bayer
20	Ansell, Dallas	1:25:06	7:22	4:35	0	121	OverConfidnt,UnderPrePrd
21	French, Jorja	1:25:09	7:22	4:35	0	102	Oh Van Where Art Thou?
22	Cirka, Grant	1:26:18	7:28	4:38	0	151	Anvils
23	Kloppenborg, Andreas	1:27:10	7:32	4:41	0	126	Dentons
24	Halbert, Evan	1:27:31	7:34	4:42	0	172	Worst Pace Scenario
25	Hahn, Chris	1:27:33	7:34	4:42	0	136	Billable Miles-MLTAikins
26	Poohachoff, Mari	1:28:18	7:38	4:45	0	114	Fire and ICE
27	Michaud, Joel	1:29:17	7:43	4:48	0	130	Field & Dream
28	Kathol, Chris	1:30:55	7:52	4:53	0	139	First Blood
29	Smith, Marc	1:31:00	7:52	4:53	0	133	Integrated Sust H2Go
30	Mcdonough, Tyler	1:31:30	7:55	4:55	0	124	Bennett Jones
31	Melanson, Kelly	1:31:51	7:57	4:56	0	134	Girls On The Run
32	Buchanan, Emily	1:33:24	8:05	5:01	0	101	B Squared
33	Attfield, Bev	1:34:18	8:09	5:04	0	142	Whose Idea Was This B
34	Lysack, John	1:34:22	8:10	5:04	0	119	ESCAPE_stroke Team 2
35	Mann, Emilie	1:34:57	8:13	5:06	0	166	SAIT Trojans, Friends Mixd
36	Reid, Jeremy	1:34:59	8:13	5:06	0	157	Devon Western Cdn Selects
37	Stewart, Bryan	1:35:33	8:16	5:08	0	106	10 Fat White Guys
38	Goodkey, Murray	1:37:38	8:27	5:15	0	163	Red Deer Runners
39	Nguyen, Peter	1:37:59	8:29	5:16	0	115	BDO Canada
40	Lavoie, Yves	1:38:35	8:32	5:18	0	118	CNRL Rusty Road Runners
41	Visser, Laura	1:39:05	8:34	5:19	0	103	Your Pace or Mine?
42	Hudson, Daniel	1:39:06	8:34	5:19	0	171	Tourmaline Trailblazers
43	Jinping, Tina	1:39:07	8:34	5:19	0	173	Cgy Roadrunners Relay T

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 1**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Feick, Clayton	1:39:35	8:37	5:21	0	164	Run Flats
45	Swanson, Larry	1:39:46	8:38	5:22	0	109	Sheep River Racing Team
46	Dukelow, Sean	1:40:16	8:40	5:23	0	108	Strokies 1
47	Kardash, Drew	1:41:37	8:47	5:27	0	131	Pyramid Peckerheads
48	Woodhead, Bill	1:41:56	8:49	5:29	0	144	BLG Gazelles
49	Graham, David	1:41:56	8:49	5:29	0	120	Birchcliff Energizers
50	Bettoni, Daniela	1:43:01	8:55	5:32	0	135	Pomeroy Kan Mtn Lodge
51	Bradford, Doug	1:43:01	8:55	5:32	0	138	Endurahealth
52	Magee, Sarah	1:43:02	8:55	5:32	0	167	Hills not Thrills
53	Liew, Elena	1:43:03	8:55	5:32	0	161	Where's the Finish
54	Hoffman, Megan	1:44:10	9:01	5:36	0	156	The Awesome 10
55	Leiter, Josie	1:45:53	9:10	5:42	0	107	Team with a Theme
56	Cudmore, Hayleigh	1:46:49	9:14	5:44	0	113	Blakes Bruins
57	Caputo, Connie	1:48:49	9:25	5:51	0	127	Scrambled Legs
58	Hastie, Larry	1:48:58	9:26	5:52	0	140	Central Alberta Masters
59	Collins, Tyler	1:49:18	9:27	5:52	0	158	Hey We're Trying
60	Verhelst, Daniel	1:52:00	9:41	6:01	0	111	Just Ver-the-Helst of it
61	Monson, Andrew	1:52:13	9:42	6:02	0	117	ISL Engineering
62	Thompson, Brian	1:52:45	9:45	6:03	0	145	Not Intact At All
63	French, Doug	1:53:27	9:49	6:06	0	175	Cool Pool Cruisers
64	Nowicki, Brooke	1:54:11	9:53	6:08	0	162	Lakeside Packers
65	Hamilton, Paige	1:55:46	10:01	6:13	0	153	teamMITO Ladies
66	Mousavi, Emad	1:56:48	10:06	6:17	0	170	The SAMsquatches
67	Banks, Peter	1:58:04	10:13	6:21	0	169	Sheep River Racers
68	Baron, Arne	2:07:30	11:02	6:51	0	105	Live Long and Perspire
69	Richelhof, Chantelle	2:14:11	11:36	7:12	0	116	AER Reg U Laters
70	Urquhart, Barb	2:14:48	11:40	7:15	0	174	Glenmore Gazelles
71	Stanton, Matt	2:16:44	11:50	7:21	0	160	I Got the Runs
72	Delongjolie Nel, Andrew	2:22:28	12:19	7:39	0	132	Speedy Spartans

Runner Order by Leg

31st Kananaskis 100 Mile Relay Race 23 Jun

for Mito Canada

Leg Number 2

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Humphreys, Luke	0:58:48	5:44	3:34	0	147	Running Room Men
2	Deere, Jeremy	0:59:32	5:48	3:36	0	150	Team Mito Men
3	Edgar, Ryan	1:01:17	5:59	3:43	0	165	SAIT Trojans, Friends Men
4	Nishiyama, Mike	1:05:30	6:23	3:58	0	146	Running Room RonHill Men
5	Brohart, Courtney	1:06:22	6:28	4:01	0	137	CriticalSpeed Racing Team
6	Muldrew, Shawn	1:06:58	6:32	4:04	0	148	New Balance Running Rm
7	Lindland, Kevin	1:07:41	6:36	4:06	0	155	Team Mito Mixed
8	Frantz, Jackson	1:08:38	6:42	4:10	0	173	Cgy Roadrunners Relay T
9	Cummings, Madeleine	1:09:50	6:49	4:14	0	149	Nissen Patent Law RR
10	Soltice, John	1:10:33	6:53	4:17	0	141	Whose Idea Was This A
11	Lymelin, Cosette	1:13:12	7:08	4:26	0	104	Fast Trax Edm Rebellettes
12	Hurdle, Heather	1:13:54	7:13	4:29	0	113	Blakes Bruins
13	Pageau, Jacqueline	1:14:18	7:15	4:30	0	159	exprESSO
14	Lee, Morley	1:16:05	7:25	4:36	0	143	Adrenaline Rush
15	Banks, Brian	1:18:27	7:39	4:45	0	123	The Lost Tribe
16	Brown, Dave	1:19:55	7:48	4:51	0	124	Bennett Jones
17	Croucher, Gillian	1:21:01	7:54	4:54	0	156	The Awesome 10
18	Standing, Jesse	1:21:37	7:58	4:57	0	126	Dentons
19	Klassen, Jen	1:23:41	8:10	5:04	0	129	BD&P Running from Law
20	Lecocq, Vance	1:25:30	8:20	5:11	0	115	BDO Canada
21	Stretch, Luke	1:25:59	8:23	5:13	0	112	Osler Outlaws
22	Severs, Chad	1:26:01	8:24	5:13	0	152	Pembina Pipelines
23	Smith, Pat	1:27:09	8:30	5:17	0	133	Integrated Sust H2Go
24	Heuver, Todd	1:27:13	8:31	5:17	0	169	Sheep River Racers
25	Maag, Karleigh	1:27:24	8:32	5:18	0	144	BLG Gazelles
26	Jobin, Samantha	1:28:36	8:39	5:22	0	136	Billable Miles-MLTAikins
27	Lien, Darcy	1:28:38	8:39	5:22	0	125	Bayer
28	Michaud, Chantelle	1:28:59	8:41	5:24	0	130	Field & Dream
29	Eagles, Kelly	1:29:12	8:42	5:24	0	103	Your Pace or Mine?
30	Heaton, Greg	1:30:27	8:49	5:29	0	106	10 Fat White Guys
31	Attfield, Richard	1:30:42	8:51	5:30	0	142	Whose Idea Was This B
32	Squire, Bobbi	1:30:57	8:52	5:31	0	132	Speedy Spartans
33	Loeffellmann, Alexandra	1:31:32	8:56	5:33	0	121	OverConfidnt,UnderPrePrd
34	Toombs, Lori	1:32:26	9:01	5:36	0	109	Sheep River Racing Team
35	Leahey, Heather	1:32:34	9:02	5:37	0	120	Birchcliff Energizers
36	Dobblesteyn, Loretta	1:33:08	9:05	5:39	0	151	Anvils
37	Diep, Hung	1:33:23	9:07	5:40	0	162	Lakeside Packers
38	Nathanail, Maria	1:33:42	9:08	5:40	0	167	Hills not Thrills
39	Trevis, Landra	1:34:04	9:11	5:42	0	134	Girls On The Run
40	Makulska, Matylda	1:34:11	9:11	5:42	0	122	DLA Piper-Why chasing us?
41	Johnson, Shayna	1:34:33	9:13	5:44	0	111	Just Ver-the-Helst of it
42	Gallup, Anna	1:34:34	9:14	5:44	0	166	SAIT Trojans, Friends Mixd
43	Kathol, Brian	1:35:07	9:17	5:46	0	139	First Blood

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 2**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Prill, Allison	1:35:22	9:18	5:47	0	131	Pyramid Peckerheads
45	Mcclelland, Morgan	1:35:22	9:18	5:47	0	158	Hey We're Trying
46	Kutney, Dave	1:35:24	9:18	5:47	0	140	Central Alberta Masters
47	Chisholm, Michelle	1:37:00	9:28	5:53	0	174	Glenmore Gazelles
48	Quinn, Jennifer	1:37:25	9:30	5:54	0	172	Worst Pace Scenario
49	Nixon, Laura	1:37:54	9:33	5:56	0	116	AER Reg U Laters
50	Berezniki, Conrad	1:39:18	9:41	6:01	0	118	CNRL Rusty Road Runners
51	Flynn, Colleen	1:39:31	9:43	6:02	0	157	Devon Western Cdn Selects
52	Armour, Nancy	1:40:07	9:46	6:04	0	153	teamMITO Ladies
53	Barnes, Marty	1:40:29	9:48	6:05	0	175	Cool Pool Cruisers
54	Higginson, Jim	1:41:13	9:52	6:08	0	161	Where's the Finish
55	Stuber, Kim	1:43:25	10:05	6:16	0	105	Live Long and Perspire
56	Barber, Jason	1:44:25	10:11	6:20	0	114	Fire and ICE
57	Crowchild, Pearl	1:45:22	10:17	6:23	0	127	Scrambled Legs
58	Feick, Wes	1:45:29	10:17	6:23	0	164	Run Flats
59	Picton, Evan	1:45:43	10:19	6:25	0	138	Endurahealth
60	Lamoureux, Simon	1:46:52	10:26	6:29	0	170	The SAMsquatches
61	Patton, Helen	1:47:52	10:31	6:32	0	107	Team with a Theme
62	Wylie, Warren	1:48:00	10:32	6:33	0	145	Not Intact At All
63	Ciszkowski, Christine	1:48:47	10:37	6:36	0	171	Tourmaline Trailblazers
64	Ryckborst, Karla	1:49:35	10:41	6:38	0	119	ESCAPE_stroke Team 2
65	Gerrand, Lucy	1:51:17	10:51	6:44	0	101	B Squared
66	Vasarevic, Zeljko	1:52:13	10:57	6:48	0	110	Doka
67	Goodwin, Diane	1:54:47	11:12	6:58	0	163	Red Deer Runners
68	Galic, Dave	2:00:53	11:48	7:20	0	117	ISL Engineering
69	May, Jennifer	2:01:03	11:49	7:21	0	102	Oh Van Where Art Thou?
70	Kenney, Carol	2:04:33	12:09	7:33	0	108	Strokies 1
71	Burgess, Rebecca	2:07:04	12:24	7:42	0	135	Pomeroy Kan Mtn Lodge
72	Jones, Anna	2:40:03	15:37	9:42	0	160	I Got the Runs

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 3**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Peters, Andrew	0:56:12	6:09	3:49	0	147	Running Room Men
2	Macdonald, Rich	0:56:44	6:13	3:52	0	150	Team Mito Men
3	Saayman, Jacques	0:57:44	6:19	3:55	0	165	SAIT Trojans, Friends Men
4	Stewart, Simon	0:59:58	6:34	4:05	0	146	Running Room RonHill Men
5	Carlin, Taylor	1:01:35	6:45	4:12	0	149	Nissen Patent Law RR
6	Tetrault, Myron	1:03:36	6:58	4:20	0	155	Team Mito Mixed
7	Farnham, Shane	1:05:43	7:12	4:28	0	172	Worst Pace Scenario
8	Breneman, Ian	1:06:19	7:16	4:31	0	113	Blakes Bruins
9	Graen, Petra	1:08:45	7:32	4:41	0	104	Fast Trax Edm Rebellettes
10	Mccallum, Alex	1:08:48	7:32	4:41	0	152	Pembina Pipelines
11	Macpherson, Jennifer	1:09:11	7:35	4:43	0	143	Adrenaline Rush
12	Wild, Adriana	1:09:14	7:35	4:43	0	137	CriticalSpeed Racing Team
13	Mciver, Jordan	1:09:58	7:40	4:46	0	123	The Lost Tribe
14	Hughes, Tom	1:10:48	7:45	4:49	0	109	Sheep River Racing Team
15	Mcmaster, Sarah	1:11:22	7:49	4:51	0	148	New Balance Running Rm
16	Soderberg, Alana	1:11:26	7:49	4:51	0	141	Whose Idea Was This A
17	Finley, Robyn	1:12:28	7:56	4:56	0	129	BD&P Running from Law
18	Gatza, Alex	1:13:11	8:01	4:59	0	120	Birchcliff Energizers
19	Fletcher, Jessie	1:13:14	8:01	4:59	0	118	CNRL Rusty Road Runners
20	Davies, Denton	1:13:32	8:03	5:00	0	166	SAIT Trojans, Friends Mixd
21	Sherman, Heather	1:13:34	8:03	5:00	0	159	expressSO
22	Mcperson, Sheila	1:13:40	8:04	5:01	0	151	Anvils
23	Sitzler, Claus	1:14:06	8:07	5:03	0	171	Tourmaline Trailblazers
24	French, Mike	1:14:10	8:07	5:03	0	102	Oh Van Where Art Thou?
25	Smith, Mitchell	1:14:41	8:11	5:05	0	122	DLA Piper-Why chasing us?
26	Hunt, Curtis	1:17:20	8:28	5:16	0	156	The Awesome 10
27	Kennedy, Andrea	1:18:08	8:33	5:19	0	138	Endurahealth
28	Chambers, Katherine	1:18:23	8:35	5:20	0	121	OverConfidnt, UnderPrePrd
29	Zaher, Nico	1:19:31	8:43	5:25	0	157	Devon Western Cdn Selects
30	Lobb, Gary	1:19:32	8:43	5:25	0	139	First Blood
31	Mcdiarmid, Erin	1:19:44	8:44	5:26	0	173	Cgy Roadrunners Relay T
32	Fipke, Dan	1:19:52	8:45	5:26	0	164	Run Flats
33	Shewchuk, Gail	1:20:21	8:48	5:28	0	107	Team with a Theme
34	Albrecht, Kelly	1:20:49	8:51	5:30	0	162	Lakeside Packers
35	Taiman, Koveh	1:21:30	8:56	5:33	0	135	Pomeroy Kan Mtn Lodge
36	Osborne, Phil	1:22:44	9:04	5:38	0	142	Whose Idea Was This B
37	Kremer, Kevin	1:24:04	9:12	5:43	0	115	BDO Canada
38	Raven-jackson, Mark	1:24:13	9:13	5:44	0	130	Field & Dream
39	Tulk, Victoria	1:25:09	9:20	5:48	0	144	BLG Gazelles
40	Morris, Tony	1:25:54	9:25	5:51	0	140	Central Alberta Masters
41	Ostrowerka, Dustin	1:26:49	9:31	5:55	0	161	Where's the Finish
42	Mccormack, Marnie	1:27:08	9:33	5:56	0	153	teamMITO Ladies
43	Walker, Jordan	1:27:14	9:33	5:56	0	103	Your Pace or Mine?

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 3**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Moore, Glenn	1:27:17	9:34	5:57	0	167 Hills not Thrills	
45	Myers, Jessica	1:27:33	9:35	5:57	0	126 Dentons	
46	Jobin, Mark	1:27:34	9:35	5:57	0	136 Billable Miles-MLTAikins	
47	Taylor, Cara	1:28:04	9:39	5:60	0	114 Fire and ICE	
48	Smith, Sandy	1:29:10	9:46	6:04	0	127 Scrambled Legs	
49	Gunther, Anita	1:30:15	9:53	6:08	0	134 Girls On The Run	
50	Wallace, Erin	1:30:16	9:53	6:08	0	108 Strokies 1	
51	Maccannell, Don	1:30:44	9:56	6:10	0	158 Hey We're Trying	
52	Gill, Steven	1:31:19	10:00	6:13	0	169 Sheep River Racers	
53	Perry, Ian	1:31:33	10:02	6:14	0	133 Integrated Sust H2Go	
54	Strandquist, Wade	1:32:41	10:09	6:18	0	106 10 Fat White Guys	
55	Fulthorpe, Alex	1:34:21	10:20	6:25	0	111 Just Ver-the-Helst of it	
56	Hamill, Jay	1:34:48	10:23	6:27	0	132 Speedy Spartans	
57	Laycock, Nicki	1:35:37	10:28	6:30	0	101 B Squared	
58	Hill, Michael	1:36:30	10:34	6:34	0	119 ESCAPE_stroke Team 2	
59	Schumacher, John	1:36:43	10:36	6:35	0	163 Red Deer Runners	
60	Fairbourn, Lil	1:37:22	10:40	6:38	0	174 Glenmore Gazelles	
61	Baron, Angela	1:37:23	10:40	6:38	0	105 Live Long and Perspire	
62	Huelin, Dave	1:38:00	10:44	6:40	0	145 Not Intact At All	
63	Wang, Tara	1:40:40	11:02	6:51	0	116 AER Reg U Later	
64	Mair, Andrew	1:41:07	11:05	6:53	0	110 Doka	
65	Funk, Jody	1:42:55	11:16	6:60	0	125 Bayer	
66	Eifler, Nicole	1:44:06	11:24	7:05	0	131 Pyramid Peckerheads	
67	Rudolf, Victoria	1:44:21	11:26	7:06	0	124 Bennett Jones	
68	Parkinson, Chantal	1:44:59	11:30	7:09	0	175 Cool Pool Cruisers	
69	Ranca, Diana	1:45:14	11:32	7:10	0	117 ISL Engineering	
70	Amy, Wendy	1:47:01	11:43	7:17	0	170 The SAMsquatches	
71	Paplawski, Emily	1:47:32	11:47	7:19	0	112 Osler Outlaws	
72	Percy, Leanne	1:57:52	12:55	8:02	0	160 I Got the Runs	

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 4**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Brett, Allan	0:51:44	5:54	3:40	0	150	Team Mito Men
2	Falk, David	0:53:21	6:05	3:47	0	147	Running Room Men
3	Wisnoski, Kyle	0:54:45	6:15	3:53	0	165	SAIT Trojans, Friends Men
4	Law, Graeme	0:58:33	6:41	4:09	0	146	Running Room RonHill Men
5	Kallos, Alecia	0:59:16	6:46	4:12	0	149	Nissen Patent Law RR
6	Moore, Harry	1:00:45	6:56	4:18	0	141	Whose Idea Was This A
7	Polak, Jason	1:02:26	7:08	4:26	0	159	exprESSO
8	Minichiello, Nate	1:03:47	7:17	4:32	0	125	Bayer
9	Baraskewich, Jessica	1:04:47	7:24	4:36	0	137	CriticalSpeed Racing Team
10	Fink, Warren	1:04:57	7:25	4:36	0	123	The Lost Tribe
11	Blakenship, John	1:05:00	7:25	4:36	0	148	New Balance Running Rm
12	Kowalchuk, Jeremiah	1:05:04	7:26	4:37	0	130	Field & Dream
13	Parker, Shaun	1:05:18	7:27	4:38	0	112	Osler Outlaws
14	Chafe, David	1:06:37	7:36	4:43	0	155	Team Mito Mixed
15	Salsman, Jamie	1:08:14	7:47	4:50	0	124	Bennett Jones
16	Goadoue, Erwan	1:08:18	7:48	4:51	0	157	Devon Western Cdn Selects
17	Atwood, Kathy	1:10:15	8:01	4:59	0	104	Fast Trax Edm Rebellettes
18	Bouma, Ryan	1:11:17	8:08	5:03	0	102	Oh Van Where Art Thou?
19	Holowaychuk, Lauren	1:12:37	8:17	5:09	0	101	B Squared
20	Wu, Jian-nong	1:12:37	8:17	5:09	0	173	Cgy Roadrunners Relay T
21	Wald, Jordan	1:13:09	8:21	5:11	0	170	The SAMsquatches
22	Borthwick, Deborah	1:13:32	8:24	5:13	0	120	Birchcliff Energizers
23	Meyer, Jeff	1:13:44	8:25	5:14	0	172	Worst Pace Scenario
24	Eagles, Keith	1:14:07	8:28	5:16	0	103	Your Pace or Mine?
25	Glover, Gary	1:14:11	8:28	5:16	0	140	Central Alberta Masters
26	Proudfoot, Mike	1:14:14	8:28	5:16	0	113	Blakes Bruins
27	Hodgson, Scott	1:15:15	8:35	5:20	0	143	Adrenaline Rush
28	Page, Andrea	1:15:20	8:36	5:21	0	126	Dentons
29	Zevenhuizen, Emily	1:15:27	8:37	5:21	0	133	Integrated Sust H2Go
30	Toombs, Mark	1:15:57	8:40	5:23	0	109	Sheep River Racing Team
31	Shankland, Barry	1:16:49	8:46	5:27	0	152	Pembina Pipelines
32	Beckley, Dave	1:18:15	8:56	5:33	0	142	Whose Idea Was This B
33	Poulin, Marc	1:18:20	8:57	5:34	0	119	ESCAPE_stroke Team 2
34	Albrecht, Brent	1:18:29	8:58	5:34	0	162	Lakeside Packers
35	Xu, David	1:19:10	9:02	5:37	0	171	Tourmaline Trailblazers
36	Schmitt, Hilary	1:19:21	9:03	5:37	0	129	BD&P Running from Law
37	Kathol, Todd	1:20:29	9:11	5:42	0	139	First Blood
38	Dyck, Lauren	1:21:14	9:16	5:45	0	134	Girls On The Run
39	Mckibbin, Ingrid	1:21:27	9:18	5:47	0	108	Strokies 1
40	Ransome, Liam	1:21:35	9:19	5:47	0	135	Pomeroy Kan Mtn Lodge
41	Rennie, Katelyn	1:21:36	9:19	5:47	0	121	OverConfidnt,UnderPrePrd
42	Larson, Paul	1:21:39	9:19	5:47	0	163	Red Deer Runners
43	Hadden, Robb	1:21:49	9:20	5:48	0	151	Anvils

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 4**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Woods, Keenan	1:22:14	9:23	5:50	0	122 DLA Piper-Why chasing us?	
45	Wallace, Scott	1:22:20	9:24	5:50	0	106 10 Fat White Guys	
46	White, Reed	1:23:00	9:28	5:53	0	167 Hills not Thrills	
47	Mann, Don	1:24:59	9:42	6:02	0	138 Endurahealth	
48	Wightman, Stephen	1:26:03	9:49	6:06	0	111 Just Ver-the-Helst of it	
49	Cooper, Alan	1:26:05	9:50	6:07	0	127 Scrambled Legs	
50	Niixon, Calen	1:26:43	9:54	6:09	0	136 Billable Miles-MLTAikins	
51	Basnett, Keith	1:26:43	9:54	6:09	0	131 Pyramid Peckerheads	
52	Stockton, Alea	1:27:22	9:58	6:12	0	166 SAIT Trojans, Friends Mixd	
53	Binnion, Tessa	1:27:38	10:00	6:13	0	144 BLG Gazelles	
54	Jenkinson, Dave	1:28:26	10:06	6:17	0	164 Run Flats	
55	Munro, Reid	1:29:02	10:10	6:19	0	118 CNRL Rusty Road Runners	
56	Fuller, Michael	1:29:08	10:11	6:20	0	110 Doka	
57	Friesen, Kelly	1:29:34	10:13	6:21	0	115 BDO Canada	
58	De Laurentiis, Aimee	1:30:56	10:23	6:27	0	117 ISL Engineering	
59	Holod, Carol	1:31:45	10:28	6:30	0	107 Team with a Theme	
60	Vicic, Breahna	1:32:09	10:31	6:32	0	169 Sheep River Racers	
61	Curle, Ian	1:32:23	10:33	6:33	0	116 AER Reg U Later	
62	Coulter, Caleb	1:33:57	10:43	6:39	0	175 Cool Pool Cruisers	
63	Allen, Dave	1:34:13	10:45	6:41	0	105 Live Long and Perspire	
64	Johnson, Ally	1:34:38	10:48	6:43	0	153 teamMITO Ladies	
65	Dunbar, Ray	1:36:38	11:02	6:51	0	174 Glenmore Gazelles	
66	Newstead, Brett	1:37:11	11:06	6:54	0	158 Hey We're Trying	
67	Burke, Gary	1:40:20	11:27	7:07	0	145 Not Intact At All	
68	Yeulet, Kayla	1:40:27	11:28	7:07	0	132 Speedy Spartans	
69	Bertagnolli, Megan	1:41:54	11:38	7:14	0	156 The Awesome 10	
70	Cormier, Dallas	1:44:09	11:53	7:23	0	160 I Got the Runs	
71	Mckenna, Jessica	1:46:22	12:09	7:33	0	114 Fire and ICE	
72	Oh, Jeanne	1:54:49	13:06	8:08	0	161 Where's the Finish	

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 5**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Hofbauer, Trevor	1:05:02	5:57	3:42	0	150	Team Mito Men
2	Yorke, Brian	1:11:23	6:31	4:03	0	147	Running Room Men
3	Trites, Mike	1:12:14	6:36	4:06	0	146	Running Room RonHill Men
4	Bayer, Evan	1:13:05	6:41	4:09	0	165	SAIT Trojans, Friends Men
5	Hopfner, Geoff	1:16:16	6:58	4:20	0	159	exprESSO
6	Vollmer, Mark	1:18:57	7:13	4:29	0	141	Whose Idea Was This A
7	Windfeld, Elliott	1:19:42	7:17	4:32	0	126	Dentons
8	Harvey, Adrian	1:21:08	7:25	4:36	0	162	Lakeside Packers
9	Bell, Darcy	1:21:42	7:28	4:38	0	155	Team Mito Mixed
10	Willms, Dave	1:21:46	7:28	4:38	0	164	Run Flats
11	Myers, Tim	1:22:17	7:31	4:40	0	124	Bennett Jones
12	Fleming, Lisa	1:23:33	7:38	4:45	0	149	Nissen Patent Law RR
13	Rynn, Isaac	1:24:15	7:42	4:47	0	166	SAIT Trojans, Friends Mixd
14	Roberts, Morris	1:24:18	7:42	4:47	0	143	Adrenaline Rush
15	Sevalrud, Robert	1:26:21	7:54	4:54	0	113	Blakes Bruins
16	Katchur-roberts, Michelle	1:26:26	7:54	4:54	0	137	CriticalSpeed Racing Team
17	Henry, Mike	1:26:28	7:54	4:54	0	129	BD&P Running from Law
18	Brewster, Mike	1:27:04	7:58	4:57	0	157	Devon Western Cdn Selects
19	Gerrand, Sam	1:27:26	8:00	4:58	0	101	B Squared
20	Douglas, Lee	1:27:32	8:00	4:58	0	152	Pembina Pipelines
21	Macdonald, Megan	1:27:49	8:02	4:59	0	153	teamMITO Ladies
22	Parker, Shaun	1:28:25	8:05	5:01	0	112	Osler Outlaws
23	Hansen, Kristen	1:28:36	8:06	5:02	0	148	New Balance Running Rm
24	Doram, Craig	1:29:13	8:09	5:04	0	108	Strokies 1
25	Snook, Andrew	1:29:39	8:12	5:06	0	123	The Lost Tribe
26	Bunz, Curtis	1:30:26	8:16	5:08	0	125	Bayer
27	Popescu, Andrei	1:31:21	8:21	5:11	0	120	Birchcliff Energizers
28	Hoffman, Reid	1:32:37	8:28	5:16	0	118	CNRL Rusty Road Runners
29	Miller, Carl	1:33:08	8:31	5:17	0	171	Tourmaline Trailblazers
30	Shiple, Mike	1:33:26	8:32	5:18	0	131	Pyramid Peckerheads
31	Coulter, Mike	1:35:06	8:42	5:24	0	175	Cool Pool Cruisers
32	Couture, Wil	1:35:27	8:43	5:25	0	156	The Awesome 10
33	Kathol, Neil	1:35:28	8:44	5:26	0	139	First Blood
34	Kenney, Dan	1:37:13	8:53	5:31	0	122	DLA Piper-Why chasing us?
35	Feraco, Merissa	1:38:22	8:59	5:35	0	104	Fast Trax Edm Rebellettes
36	Caro, Jorge	1:38:46	9:02	5:37	0	110	Doka
37	Kirschner, Julian	1:38:50	9:02	5:37	0	102	Oh Van Where Art Thou?
38	Kee, Warren	1:39:13	9:04	5:38	0	173	Cgy Roadrunners Relay T
39	Leduc, Robert	1:39:56	9:08	5:40	0	117	ISL Engineering
40	Lambert, Tony	1:40:53	9:13	5:44	0	142	Whose Idea Was This B
41	Stanhope, Emily	1:41:07	9:15	5:45	0	144	BLG Gazelles
42	Bestwick, Robert	1:41:28	9:16	5:45	0	115	BDO Canada
43	Grant, Ian	1:41:55	9:19	5:47	0	133	Integrated Sust H2Go

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 5**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Mckay, Travis	1:42:34	9:23	5:50	0	158 Hey We're Trying	
45	Robbins, Barry	1:43:34	9:28	5:53	0	138 Endurahealth	
46	Wakeman, Rebecca	1:44:40	9:34	5:57	0	134 Girls On The Run	
47	Gigliuk, Greg	1:45:42	9:40	6:00	0	140 Central Alberta Masters	
48	Visser, John	1:45:46	9:40	6:00	0	103 Your Pace or Mine?	
49	Banfield, Tim	1:47:27	9:49	6:06	0	119 ESCAPE_stroke Team 2	
50	Shreenan, Jayda	1:47:40	9:50	6:07	0	167 Hills not Thrills	
51	Brinkhof, Jos	1:48:36	9:56	6:10	0	109 Sheep River Racing Team	
52	Baynham, Leasa	1:48:43	9:56	6:10	0	105 Live Long and Perspire	
53	Giry, Emmanuel	1:49:24	10:00	6:13	0	116 AER Reg U Later's	
54	Robinson, Brent	1:50:11	10:04	6:15	0	169 Sheep River Racers	
55	Halbert, Evan	1:52:34	10:17	6:23	0	136 Billable Miles-MLTAikins	
56	Leung, Janice	1:53:21	10:22	6:26	0	121 OverConfidnt,UnderPrePrd	
57	Percy, Jerad	1:53:31	10:23	6:27	0	160 I Got the Runs	
58	Krause, Melissa	1:53:41	10:23	6:27	0	107 Team with a Theme	
59	Verhelst, Laura	1:54:42	10:29	6:31	0	111 Just Ver-the-Helst of it	
60	Hopkins, Bill	1:54:58	10:31	6:32	0	130 Field & Dream	
61	Tutt, Sarah	1:55:01	10:31	6:32	0	114 Fire and ICE	
62	Neupane, Manish	1:55:59	10:36	6:35	0	161 Where's the Finish	
63	Lappenbush, Larry	1:58:05	10:48	6:43	0	106 10 Fat White Guys	
64	Sinclair, Paul	1:58:18	10:49	6:43	0	127 Scrambled Legs	
65	Goodall, Steve	1:58:38	10:51	6:44	0	132 Speedy Spartans	
66	Milbury, Dawson	1:59:05	10:53	6:46	0	174 Glenmore Gazelles	
67	Kowal, Dawn	2:00:37	11:02	6:51	0	145 Not Intact At All	
68	Lowen, Dean	2:01:37	11:07	6:54	0	163 Red Deer Runners	
69	Nichols, Sean	2:16:30	12:29	7:45	0	151 Anvils	
70	Johnson, John	2:21:40	12:57	8:03	0	135 Pomeroy Kan Mtn Lodge	
71	Thompson, Steve	2:24:04	13:10	8:11	0	172 Worst Pace Scenario	
72	Wald, Jordan	No Time	0:00	0:00	0	170 The SAMsquatches	

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 6**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Mcguiness, Conor	0:30:23	5:12	3:14	0	147	Running Room Men
2	Nicol, Scott	0:30:50	5:17	3:17	0	165	SAIT Trojans, Friends Men
3	Nissen, Robbie	0:31:47	5:27	3:23	0	146	Running Room RonHill Men
4	Bradford, Keith	0:31:48	5:27	3:23	0	150	Team Mito Men
5	Eriksson, Nathan	0:34:30	5:54	3:40	0	123	The Lost Tribe
6	Kanuka, Gloria	0:36:22	6:14	3:52	0	137	CriticalSpeed Racing Team
7	Englert, Isabella	0:37:27	6:25	3:59	0	149	Nissen Patent Law RR
8	Andrews, Lauren	0:38:55	6:40	4:09	0	104	Fast Trax Edm Rebellettes
9	Heuver, Josh	0:39:16	6:43	4:10	0	169	Sheep River Racers
10	Mann, Russ	0:39:24	6:45	4:12	0	152	Pembina Pipelines
11	Ali, Marwa	0:42:42	7:19	4:33	0	148	New Balance Running Rm
12	Haddow, Ashleigh	0:43:32	7:27	4:38	0	155	Team Mito Mixed
13	Mcgauley, Patricia	0:44:02	7:32	4:41	0	144	BLG Gazelles
14	Mccaffrey, Janice	0:44:03	7:33	4:41	0	143	Adrenaline Rush
15	Lazaruk, John	0:44:31	7:37	4:44	0	106	10 Fat White Guys
16	Perrault, Amanda	0:44:54	7:41	4:46	0	141	Whose Idea Was This A
17	Timm, Kristyne	0:45:46	7:50	4:52	0	103	Your Pace or Mine?
18	Beauchamp, Len	0:45:50	7:51	4:53	0	140	Central Alberta Masters
19	Adair, Geoff	0:46:17	7:56	4:56	0	113	Blakes Bruins
20	Elliott, Mark	0:46:25	7:57	4:56	0	126	Dentons
21	Vreim, Greg	0:46:59	8:03	5:00	0	120	Birchcliff Energizers
22	Freund, Jennifer	0:47:08	8:04	5:01	0	173	Cgy Roadrunners Relay T
23	Chen, Cherie	0:47:13	8:05	5:01	0	159	expRESSO
24	Boyd, Suzanne	0:47:16	8:06	5:02	0	153	teamMITO Ladies
25	Verhelst, Mark	0:47:38	8:09	5:04	0	111	Just Ver-the-Helst of it
26	Lisztwan, Julia	0:48:13	8:15	5:08	0	129	BD&P Running from Law
27	Vocke, Mandy	0:48:15	8:16	5:08	0	166	SAIT Trojans, Friends Mixd
28	Cannon, Vanessa	0:48:26	8:18	5:09	0	167	Hills not Thrills
29	Nikhanj, Sherena	0:48:31	8:18	5:09	0	134	Girls On The Run
30	Kennedy, Rick	0:48:52	8:22	5:12	0	138	Endurahealth
31	Richards, Cassie	0:48:59	8:23	5:13	0	112	Osler Outlaws
32	Arndt, Jennifer	0:49:36	8:30	5:17	0	122	DLA Piper-Why chasing us?
33	Thorne, Evie	0:50:01	8:34	5:19	0	130	Field & Dream
34	Percy, Emma	0:50:13	8:36	5:21	0	171	Tourmaline Trailblazers
35	Carson, Monica	0:50:47	8:42	5:24	0	161	Where's the Finish
36	Exner, Derek	0:51:15	8:47	5:27	0	108	Strokies 1
37	Sanmiguel, Javier	0:51:20	8:47	5:27	0	157	Devon Western Cdn Selects
38	Bayer, Agatha	0:51:27	8:49	5:29	0	102	Oh Van Where Art Thou?
39	Snaychuk, Trevor	0:51:40	8:51	5:30	0	156	The Awesome 10
40	Gagnon-bourgoin, Sandra	0:52:09	8:56	5:33	0	115	BDO Canada
41	Smart, Dave	0:52:58	9:04	5:38	0	109	Sheep River Racing Team
42	Ridge, Stephanie	0:53:29	9:09	5:41	0	124	Bennett Jones
43	Munro, Tanis	0:53:33	9:10	5:42	0	118	CNRL Rusty Road Runners

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 6**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Cooper, Barbara	0:54:15	9:17	5:46	0	127	Scrambled Legs
45	Blomquist, Kirstyn	0:54:24	9:19	5:47	0	172	Worst Pace Scenario
46	Murphy, Katrina	0:54:29	9:20	5:48	0	162	Lakeside Packers
47	Mckay, Ashley	0:54:32	9:20	5:48	0	158	Hey We're Trying
48	Keeler, Rebecca	0:54:53	9:24	5:50	0	116	AER Reg U Later
49	Brady, Tammy	0:55:02	9:25	5:51	0	107	Team with a Theme
50	Myers, Eileen	0:55:38	9:32	5:55	0	136	Billable Miles-MLTAikins
51	Vanderhoek, Marsha	0:55:57	9:35	5:57	0	160	I Got the Runs
52	Lambert, Simon	0:56:00	9:35	5:57	0	142	Whose Idea Was This B
53	Torabi, Samira	0:57:20	9:49	6:06	0	170	The SAMsquatches
54	Tolhurst, Mike	0:57:30	9:51	6:07	0	105	Live Long and Perspire
55	Thompson, Rachel	0:57:53	9:55	6:10	0	145	Not Intact At All
56	Mcgeachie, Frank	0:58:03	9:56	6:10	0	174	Glenmore Gazelles
57	Hodsdon, Mallory	0:58:34	10:02	6:14	0	135	Pomeroy Kan Mtn Lodge
58	Hanley, Andrea	0:58:49	10:04	6:15	0	119	ESCAPE_stroke Team 2
59	Eipert, Preston	0:59:13	10:08	6:18	0	110	Doka
60	Goodkey, Ladonn	0:59:17	10:09	6:18	0	163	Red Deer Runners
61	Mcgregor, Tiffany	0:59:48	10:14	6:21	0	114	Fire and ICE
62	Keturakis, Jennifer	1:00:05	10:17	6:23	0	133	Integrated Sust H2Go
63	Melesko, Tammy	1:01:41	10:34	6:34	0	125	Bayer
64	Kathol, Barbara	1:01:54	10:36	6:35	0	139	First Blood
65	Laycock, Andrew	1:01:58	10:37	6:36	0	101	B Squared
66	Barnes, Haley	1:03:03	10:48	6:43	0	175	Cool Pool Cruisers
67	Schabauer, Angela	1:04:49	11:06	6:54	0	117	ISL Engineering
68	B, Chris	1:06:56	11:28	7:07	0	131	Pyramid Peckerheads
69	Mccomb, Aly	1:07:13	11:31	7:09	0	121	OverConfidnt,UnderPrePrd
70	Winkler, Erin	1:07:25	11:33	7:11	0	132	Speedy Spartans
71	Hadden, Heather	1:07:50	11:37	7:13	0	151	Anvils
72	Jenkinson, Dawn	1:09:00	11:49	7:21	0	164	Run Flats

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 7**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Woo, Chan	0:54:50	5:21	3:19	0	147	Running Room Men
2	Jensen, Scott	0:57:21	5:36	3:29	0	150	Team Mito Men
3	Clarke, Will	0:58:45	5:44	3:34	0	121	OverConfidnt,UnderPrePrd
4	Stewart, Mike	1:02:15	6:04	3:46	0	146	Running Room RonHill Men
5	O'brien, Ben	1:06:09	6:27	4:00	0	142	Whose Idea Was This B
6	Medwid, Greg	1:06:37	6:30	4:02	0	155	Team Mito Mixed
7	Ladds, Dawn	1:08:02	6:38	4:07	0	137	CriticalSpeed Racing Team
8	Raudebaugh, Dallas	1:08:28	6:41	4:09	0	141	Whose Idea Was This A
9	Clancy, Shannyn	1:08:31	6:41	4:09	0	143	Adrenaline Rush
10	Dong, Kyle	1:09:37	6:48	4:13	0	148	New Balance Running Rm
11	Aznar, Mekita	1:09:53	6:49	4:14	0	149	Nissen Patent Law RR
12	Stewart, Rory	1:12:12	7:03	4:23	0	118	CNRL Rusty Road Runners
13	Galan, Earl	1:12:20	7:03	4:23	0	120	Birchcliff Energizers
14	Jeffries, Stephanie	1:12:38	7:05	4:24	0	159	expRESSO
15	Murphy, Mike	1:12:47	7:06	4:25	0	162	Lakeside Packers
16	Howells, Alex	1:14:22	7:15	4:30	0	165	SAIT Trojans, Friends Men
17	Macgillivray, Brett	1:14:25	7:16	4:31	0	172	Worst Pace Scenario
18	Hebert, Matt	1:14:47	7:18	4:32	0	166	SAIT Trojans, Friends Mixd
19	Brown, Jonathan	1:15:24	7:21	4:34	0	122	DLA Piper-Why chasing us?
20	Field, Sarah	1:16:16	7:26	4:37	0	157	Devon Western Cdn Selects
21	Rhyason, Tyler	1:16:16	7:26	4:37	0	102	Oh Van Where Art Thou?
22	Mcgonigle-jeffe, Kelly	1:16:55	7:30	4:40	0	167	Hills not Thrills
23	Fah, Cath	1:17:55	7:36	4:43	0	153	teamMITO Ladies
24	Lebrun, David	1:17:58	7:36	4:43	0	135	Pomeroy Kan Mtn Lodge
25	Kaukas, Adam	1:19:01	7:43	4:48	0	136	Billable Miles-MLTAikins
26	Irving, Connor	1:19:03	7:43	4:48	0	111	Just Ver-the-Helst of it
27	Bawol, David	1:19:54	7:48	4:51	0	161	Where's the Finish
28	Sorensen, Laurie	1:20:23	7:51	4:53	0	123	The Lost Tribe
29	Kufeldt, Nanette	1:20:58	7:54	4:54	0	104	Fast Trax Edm Rebellettes
30	Penny, Sarah	1:21:19	7:56	4:56	0	152	Pembina Pipelines
31	Dastmalchi, Mehran	1:21:27	7:57	4:56	0	173	Cgy Roadrunners Relay T
32	Gillrie, Hal	1:21:29	7:57	4:56	0	163	Red Deer Runners
33	Mamdani, Josh	1:21:47	7:59	4:58	0	126	Dentons
34	Carpenter, Sandy	1:22:09	8:01	4:59	0	113	Blakes Bruins
35	Adams, Dana	1:22:09	8:01	4:59	0	130	Field & Dream
36	Moore, Rob	1:23:28	8:09	5:04	0	108	Strokies 1
37	Parks, Natalie	1:24:37	8:15	5:08	0	107	Team with a Theme
38	Dixon, Evan	1:24:57	8:17	5:09	0	129	BD&P Running from Law
39	Rafa, Tom	1:25:36	8:21	5:11	0	140	Central Alberta Masters
40	Mills, Daniel	1:25:37	8:21	5:11	0	156	The Awesome 10
41	Kashluba, Kayla	1:25:55	8:23	5:13	0	175	Cool Pool Cruisers
42	Leslie, Pat	1:26:31	8:26	5:14	0	133	Integrated Sust H2Go
43	Timm, Matt	1:26:46	8:28	5:16	0	103	Your Pace or Mine?

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 7**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Leenstra, Leroy	1:28:10	8:36	5:21	0	115 BDO	Canada
45	Ference, Erna	1:28:15	8:37	5:21	0	109 Sheep River Racing Team	
46	Eberle, Alan	1:30:18	8:49	5:29	0	138 Endurahealth	
47	Muenter, Jarrod	1:30:32	8:50	5:29	0	110 Doka	
48	Hamill, Catherine	1:31:04	8:53	5:31	0	112 Osler Outlaws	
49	Lemon, Andrea	1:31:21	8:55	5:32	0	131 Pyramid Peckerheads	
50	Kirwin, Meara	1:31:30	8:56	5:33	0	139 First Blood	
51	Krakowetz, Peter	1:31:35	8:56	5:33	0	174 Glenmore Gazelles	
52	, Brodie	1:31:37	8:56	5:33	0	134 Girls On The Run	
53	Goody, Nigel	1:31:46	8:57	5:34	0	132 Speedy Spartans	
54	Rieger, Kate	1:32:54	9:04	5:38	0	158 Hey We're Trying	
55	Slavik, Wes	1:33:03	9:05	5:39	0	106 10 Fat White Guys	
56	Hall, John	1:34:52	9:15	5:45	0	160 I Got the Runs	
57	Wickham, Dj	1:35:00	9:16	5:45	0	117 ISL Engineering	
58	Pierce, Brad	1:35:57	9:22	5:49	0	144 BLG Gazelles	
59	Scott, Stewart	1:37:08	9:29	5:54	0	127 Scrambled Legs	
60	Macpherson, Andrew	1:37:22	9:30	5:54	0	116 AER Reg U Later	
61	Heine, Alexandra	1:38:42	9:38	5:59	0	124 Bennett Jones	
62	Van Der Merwe, Sam	1:39:10	9:40	6:00	0	171 Tourmaline Trailblazers	
63	Koopmann, Edda	1:41:20	9:53	6:08	0	125 Bayer	
64	Robinson, Jeremy	1:43:21	10:05	6:16	0	105 Live Long and Perspire	
65	Mizibrocky, Scott	1:44:12	10:10	6:19	0	164 Run Flats	
66	Heard, Kathy	1:45:12	10:16	6:23	0	119 ESCAPE_stroke Team 2	
67	Nelson, Jennifer	1:45:19	10:16	6:23	0	169 Sheep River Racers	
68	Jones, Doug	1:46:43	10:25	6:28	0	170 The SAMsquatches	
69	Rae, Julie	1:47:56	10:32	6:33	0	114 Fire and ICE	
70	Spencer, Michelle	1:49:36	10:42	6:39	0	101 B Squared	
71	Zerk, Sharon	1:55:57	11:19	7:02	0	151 Anvils	
72	Mackenzie, Alan	1:59:59	11:42	7:16	0	145 Not Intact At All	

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 8**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Draude, Jody	0:55:23	5:36	3:29	0	150	Team Mito Men
2	Deforge, Darrin	0:57:53	5:52	3:39	0	147	Running Room Men
3	Ross, Daryl	0:59:00	5:58	3:42	0	165	SAIT Trojans, Friends Men
4	Robertson, Marty	1:01:59	6:16	3:54	0	146	Running Room RonHill Men
5	, Philippe	1:05:26	6:37	4:07	0	173	Cgy Roadrunners Relay T
6	Falke, Gunnar	1:07:28	6:50	4:15	0	110	Doka
7	Mack, Natalia	1:08:44	6:57	4:19	0	149	Nissen Patent Law RR
8	Leithead, Calvin	1:09:42	7:03	4:23	0	120	Birchcliff Energizers
9	Jorgensen, Meg	1:09:53	7:04	4:23	0	166	SAIT Trojans, Friends Mixd
10	Soderberg, Nicole	1:10:06	7:06	4:25	0	141	Whose Idea Was This A
11	Evans, Doug	1:10:11	7:06	4:25	0	143	Adrenaline Rush
12	Nichol, Jeff	1:10:42	7:09	4:27	0	138	Endurahealth
13	Smith, Corinne	1:11:32	7:14	4:30	0	137	CriticalSpeed Racing Team
14	Tomei, Lucas	1:11:46	7:16	4:31	0	126	Dentons
15	Augert, Claudette	1:12:00	7:17	4:32	0	123	The Lost Tribe
16	Ruston, Chad	1:12:01	7:17	4:32	0	109	Sheep River Racing Team
17	Elsie, Cathleen	1:13:05	7:24	4:36	0	104	Fast Trax Edm Rebellettes
18	Eastham, Chris	1:13:24	7:26	4:37	0	122	DLA Piper-Why chasing us?
19	Gordon, Scott	1:14:53	7:35	4:43	0	159	exprESSO
20	Kietaibl, Nick	1:16:13	7:43	4:48	0	115	BDO Canada
21	Troccolli-hughe, Bailey	1:17:18	7:49	4:51	0	148	New Balance Running Rm
22	Phipps, Steven	1:17:22	7:50	4:52	0	106	10 Fat White Guys
23	Schwann, Matt	1:17:28	7:50	4:52	0	111	Just Ver-the-Helst of it
24	Wall, Trevor	1:17:35	7:51	4:53	0	133	Integrated Sust H2Go
25	Moncrief, Marla	1:19:10	8:01	4:59	0	155	Team Mito Mixed
26	Benning, David	1:19:42	8:04	5:01	0	116	AER Reg U Later
27	Farhat, Rema	1:19:55	8:05	5:01	0	129	BD&P Running from Law
28	Rowles, Trevor	1:20:17	8:08	5:03	0	113	Blakes Bruins
29	, Ryan	1:20:30	8:09	5:04	0	131	Pyramid Peckerheads
30	Jenkinson, Jill	1:20:59	8:12	5:06	0	164	Run Flats
31	Noad, Jon	1:21:03	8:12	5:06	0	118	CNRL Rusty Road Runners
32	Lucas, Claire	1:22:03	8:18	5:09	0	153	teamMITO Ladies
33	Thompson, George	1:22:16	8:20	5:11	0	157	Devon Western Cdn Selects
34	Beddis, Cindy	1:22:59	8:24	5:13	0	134	Girls On The Run
35	Macmichael, Charles	1:23:47	8:29	5:16	0	156	The Awesome 10
36	Somers, Liam	1:24:18	8:32	5:18	0	140	Central Alberta Masters
37	Brown, Emily	1:24:30	8:33	5:19	0	142	Whose Idea Was This B
38	Diep, Tony	1:25:05	8:37	5:21	0	162	Lakeside Packers
39	Zalaschuk, Joel	1:26:18	8:44	5:26	0	152	Pembina Pipelines
40	Wills, Harley	1:26:27	8:45	5:26	0	171	Tourmaline Trailblazers
41	Walker, Dustin	1:27:53	8:54	5:32	0	103	Your Pace or Mine?
42	Banack, Melissa	1:28:01	8:55	5:32	0	158	Hey We're Trying
43	Arndt, Dana	1:30:28	9:09	5:41	0	172	Worst Pace Scenario

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 8**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Gans, Matthew	1:30:36	9:10	5:42	0	125 Bayer	
45	Chan, Jenny	1:30:46	9:11	5:42	0	127 Scrambled Legs	
46	Sim, Greg	1:31:53	9:18	5:47	0	130 Field & Dream	
47	Bain, Jordyn	1:32:16	9:20	5:48	0	121 OverConfidnt,UnderPrePrd	
48	Mcnaughton, Katie	1:32:34	9:22	5:49	0	170 The SAMsquatches	
49	Hardy, Katherine	1:33:00	9:25	5:51	0	169 Sheep River Racers	
50	Macarthur, Jared	1:33:06	9:25	5:51	0	102 Oh Van Where Art Thou?	
51	Ghai, Sam	1:34:09	9:32	5:55	0	139 First Blood	
52	Barr, Kerri	1:34:23	9:33	5:56	0	174 Glenmore Gazelles	
53	Williams, Adam	1:34:30	9:34	5:57	0	124 Bennett Jones	
54	Smith, Mark	1:34:56	9:37	5:58	0	167 Hills not Thrills	
55	Augustine, Scott	1:35:19	9:39	5:60	0	135 Pomeroy Kan Mtn Lodge	
56	Mckenna, Jw	1:35:41	9:41	6:01	0	114 Fire and ICE	
57	Barnes, Torri	1:36:06	9:44	6:03	0	175 Cool Pool Cruisers	
58	Thompson, Brian	1:36:06	9:44	6:03	0	145 Not Intact At All	
59	Davies, Trish	1:39:00	10:01	6:13	0	107 Team with a Theme	
60	Bhatia, Nakul	1:39:36	10:05	6:16	0	136 Billable Miles-MLTAikins	
61	Buchanan, Nicola	1:40:19	10:09	6:18	0	101 B Squared	
62	Gray, Kaitlin	1:40:28	10:10	6:19	0	112 Osler Outlaws	
63	Lowen, Michael	1:41:45	10:18	6:24	0	163 Red Deer Runners	
64	Hill, Alexis	1:44:02	10:32	6:33	0	119 ESCAPE_stroke Team 2	
65	Brolsma, Tegan	1:44:05	10:32	6:33	0	108 Strokies 1	
66	Wilson, Laura	1:45:14	10:39	6:37	0	161 Where's the Finish	
67	Blanchet, Justine	1:48:02	10:56	6:48	0	144 BLG Gazelles	
68	Archer, Cameron	1:54:13	11:34	7:11	0	160 I Got the Runs	
69	Jossa, Wendy	2:04:53	12:38	7:51	0	151 Anvils	
70	Quick, Jordan	2:06:28	12:48	7:57	0	117 ISL Engineering	
71	Dykstra, Kristen	2:11:17	13:17	8:15	0	105 Live Long and Perspire	
72	Hembroffkelly H, Courtney	2:11:19	13:17	8:15	0	132 Speedy Spartans	

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 9**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Gerke, Garrett	0:41:27	6:11	3:51	0	147	Running Room Men
2	Titus, Morgan	0:42:15	6:18	3:55	0	126	Dentons
3	Trites, Mike	0:42:17	6:18	3:55	0	148	New Balance Running Rm
4	Penny, Blaine	0:43:05	6:25	3:59	0	150	Team Mito Men
5	Cote, Patrick	0:44:37	6:39	4:08	0	146	Running Room RonHill Men
6	Ratzlaff, Trent	0:45:08	6:44	4:11	0	165	SAIT Trojans, Friends Men
7	Volschenk, Waldo	0:48:01	7:09	4:27	0	118	CNRL Rusty Road Runners
8	Heuver, Jacob	0:48:05	7:10	4:27	0	169	Sheep River Racers
9	Young, Arden	0:48:33	7:14	4:30	0	137	CriticalSpeed Racing Team
10	Struyk, Tara	0:49:22	7:21	4:34	0	149	Nissen Patent Law RR
11	Mang, Cameron	0:50:23	7:31	4:40	0	108	Strokies 1
12	Trzok, Mladen	0:50:46	7:34	4:42	0	157	Devon Western Cdn Selects
13	Lazaruk, Darren	0:51:31	7:41	4:46	0	171	Tourmaline Trailblazers
14	Gair, Trevor	0:51:38	7:42	4:47	0	122	DLA Piper-Why chasing us?
15	Hopper, Clay	0:52:14	7:47	4:50	0	116	AER Reg U LaterS
16	Mcperson, Ali	0:52:31	7:50	4:52	0	166	SAIT Trojans, Friends Mixd
17	Oke, Abbey	0:54:36	8:08	5:03	0	158	Hey We're Trying
18	Milner, Bruce	0:55:23	8:15	5:08	0	159	exprESSO
19	Beck, Austin	0:55:30	8:16	5:08	0	113	Blakes Bruins
20	Goudie, Shane	0:55:45	8:19	5:10	0	123	The Lost Tribe
21	Harris, Jennifer	0:55:50	8:19	5:10	0	142	Whose Idea Was This B
22	Zastre, Lawrence	0:56:06	8:22	5:12	0	152	Pembina Pipelines
23	Popowich, Matt	0:56:55	8:29	5:16	0	172	Worst Pace Scenario
24	Hurdle, Val	0:57:07	8:31	5:17	0	162	Lakeside Packers
25	Anna, Heidi	0:57:54	8:38	5:22	0	104	Fast Trax Edm Rebellettes
26	Townsend, Tracy	0:57:55	8:38	5:22	0	143	Adrenaline Rush
27	Leboye, James	0:58:16	8:41	5:24	0	138	Endurahealth
28	Mccloskey, Andrew	0:58:51	8:46	5:27	0	156	The Awesome 10
29	Holowaychuk, David	0:59:19	8:50	5:29	0	101	B Squared
30	Friesen, Justin	0:59:52	8:55	5:32	0	115	BDO Canada
31	Franks, Emily	1:00:10	8:58	5:34	0	155	Team Mito Mixed
32	Pageau, Isabelle	1:00:14	8:59	5:35	0	173	Cgy Roadrunners Relay T
33	Dominguez, Ruben	1:00:17	8:59	5:35	0	132	Speedy Spartans
34	Kroon, Paul	1:00:30	9:01	5:36	0	109	Sheep River Racing Team
35	Hill, Peter	1:00:32	9:01	5:36	0	119	ESCAPE_stroke Team 2
36	Olsen, Sydney	1:00:43	9:03	5:37	0	124	Bennett Jones
37	Precht, Kimberly	1:00:54	9:05	5:39	0	130	Field & Dream
38	Gugyelka, Ryan	1:00:54	9:05	5:39	0	120	Birchcliff Energizers
39	Poitras, Andy	1:01:01	9:06	5:39	0	175	Cool Pool Cruisers
40	Zepeda, Nubia	1:01:52	9:13	5:44	0	141	Whose Idea Was This A
41	Albinati, Nathan	1:02:03	9:15	5:45	0	121	OverConfidnt, UnderPrePrd
42	Stoddart, Hanna	1:02:40	9:20	5:48	0	134	Girls On The Run
43	Lee, Don	1:02:40	9:20	5:48	0	140	Central Alberta Masters

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 9**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Post, Kelly	1:02:46	9:21	5:49	0	111	Just Ver-the-Helst of it
45	Dellezay, Dylan	1:02:59	9:23	5:50	0	131	Pyramid Peckerheads
46	Tolhurst, Janine	1:04:03	9:33	5:56	0	105	Live Long and Perspire
47	Bouchard, Melanie	1:04:09	9:34	5:57	0	102	Oh Van Where Art Thou?
48	Gass, Tj	1:04:13	9:34	5:57	0	167	Hills not Thrills
49	Gieringer, James	1:04:45	9:39	5:60	0	160	I Got the Runs
50	Wood, Tasha	1:05:15	9:43	6:02	0	129	BD&P Running from Law
51	Walker, Cat	1:05:33	9:46	6:04	0	103	Your Pace or Mine?
52	Torrens, Jean	1:06:10	9:52	6:08	0	136	Billable Miles-MLTAikins
53	Buffett, Matt	1:06:57	9:59	6:12	0	139	First Blood
54	Barnard, Vern	1:06:58	9:59	6:12	0	144	BLG Gazelles
55	Mcgrath, Tory	1:07:04	10:00	6:13	0	107	Team with a Theme
56	Spath, Linda	1:07:29	10:03	6:15	0	127	Scrambled Legs
57	Kent, Brian	1:07:31	10:04	6:15	0	110	Doka
58	Dawe, Donna	1:08:00	10:08	6:18	0	153	teamMITO Ladies
59	Morrison, Lee	1:09:04	10:18	6:24	0	161	Where's the Finish
60	Johnson, Jessica	1:11:16	10:37	6:36	0	151	Anvils
61	Sobey, Timothy	1:12:31	10:48	6:43	0	170	The SAMsquatches
62	Graham, Nicole	1:14:20	11:05	6:53	0	135	Pomeroy Kan Mtn Lodge
63	Paradis, Mike	1:15:48	11:18	7:01	0	174	Glenmore Gazelles
64	Dea, Tim	1:17:19	11:31	7:09	0	106	10 Fat White Guys
65	Aman, Devin	1:17:43	11:35	7:12	0	112	Osler Outlaws
66	Lowen, Rita	1:18:21	11:41	7:16	0	163	Red Deer Runners
67	Witzel, Jordan	1:19:58	11:55	7:24	0	164	Run Flats
68	Kowal, Dawn	1:23:01	12:22	7:41	0	145	Not Intact At All
69	Hynes, Laina	1:23:39	12:28	7:45	0	133	Integrated Sust H2Go
70	Warren, Sophie	1:25:22	12:43	7:54	0	117	ISL Engineering
71	Shakya, Sameer	1:27:10	12:59	8:04	0	114	Fire and ICE
72	Baczkowski, Tatiana	1:59:46	17:51	11:05	0	125	Bayer

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 10**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
1	Hacking, Donovan	0:41:09	5:55	3:41	0	147	Running Room Men
2	Cook-clarke, Emma	0:43:19	6:13	3:52	0	137	CriticalSpeed Racing Team
3	Mcgrath, Tom	0:43:48	6:18	3:55	0	146	Running Room RonHill Men
4	Kendrick, Nathan	0:44:07	6:20	3:56	0	150	Team Mito Men
5	Torrance, Brian	0:44:52	6:27	4:00	0	141	Whose Idea Was This A
6	Theriault, Madison	0:47:44	6:51	4:15	0	165	SAIT Trojans, Friends Men
7	Trofimenkoff, Vanessa	0:48:49	7:01	4:22	0	149	Nissen Patent Law RR
8	Zimmer, Earl	0:49:17	7:05	4:24	0	118	CNRL Rusty Road Runners
9	Jones, Morgan	0:51:00	7:20	4:33	0	112	Osler Outlaws
10	Pritchard, Ian	0:51:23	7:23	4:35	0	143	Adrenaline Rush
11	Chambers, Ryan	0:51:28	7:24	4:36	0	159	expRESSO
12	Sharp, Dan	0:51:33	7:24	4:36	0	120	Birchcliff Energizers
13	Dickey, Daniel	0:52:46	7:35	4:43	0	126	Dentons
14	Hansvall, Kyle	0:53:44	7:43	4:48	0	166	SAIT Trojans, Friends Mixd
15	Grant, Jared	0:53:54	7:45	4:49	0	172	Worst Pace Scenario
16	Rutherford, Brian	0:54:00	7:46	4:50	0	171	Tourmaline Trailblazers
17	Determined, Tobe	0:54:14	7:48	4:51	0	155	Team Mito Mixed
18	Smith, Josh	0:54:14	7:48	4:51	0	113	Blakes Bruins
19	Harvey Blakensh, Michele	0:54:40	7:51	4:53	0	148	New Balance Running Rm
20	Hogarth, Cole	0:55:12	7:56	4:56	0	121	OverConfidnt, UnderPrePrd
21	Moulet, Piere-antoine	0:55:20	7:57	4:56	0	115	BDO Canada
22	Mcmurty, Adam	0:55:20	7:57	4:56	0	111	Just Ver-the-Helst of it
23	Freed, Nathan	0:55:37	7:59	4:58	0	123	The Lost Tribe
24	Elliot, Jennifer	0:55:50	8:01	4:59	0	104	Fast Trax Edm Rebellettes
25	Shiple, Amy	0:56:27	8:07	5:03	0	131	Pyramid Peckerheads
26	Carrigan, Stacie	0:56:52	8:10	5:04	0	167	Hills not Thrills
27	Ford, Joanna	0:57:03	8:12	5:06	0	173	Cgy Roadrunners Relay T
28	Mcdonald, Sheldon	0:57:21	8:14	5:07	0	130	Field & Dream
29	Dryer, Brenda	0:58:17	8:22	5:12	0	153	teamMITO Ladies
30	Reckard, Chris	0:58:24	8:23	5:13	0	106	10 Fat White Guys
31	Wright, Greg	0:58:31	8:24	5:13	0	109	Sheep River Racing Team
32	Gair, Trevor	0:58:46	8:27	5:15	0	122	DLA Piper-Why chasing us?
33	Jenkinson, Doug	0:58:52	8:27	5:15	0	164	Run Flats
34	Barnes, Tanner	0:59:05	8:29	5:16	0	175	Cool Pool Cruisers
35	Just, Ron	0:59:08	8:30	5:17	0	140	Central Alberta Masters
36	Whiteside, Greg	0:59:59	8:37	5:21	0	124	Bennett Jones
37	Strueby, Jill	1:00:00	8:37	5:21	0	129	BD&P Running from Law
38	Lafond, Drew	1:00:59	8:46	5:27	0	136	Billable Miles-MLTAikins
39	Lambert, Carolyn	1:01:29	8:50	5:29	0	142	Whose Idea Was This B
40	Curoe, Jason	1:01:47	8:53	5:31	0	156	The Awesome 10
41	Kirwin, Erin	1:01:49	8:53	5:31	0	139	First Blood
42	Millette, Ashley	1:01:56	8:54	5:32	0	157	Devon Western Cdn Selects
43	Baker, Jason	1:02:43	9:01	5:36	0	144	BLG Gazelles

Runner Order by Leg 31st Kananaskis 100 Mile Relay Race 23 Jun for Mito Canada**Leg Number 10**

Rank	Runner	Time	Min/Mile	Min/Km	Pen	Team	Team Name
44	Manson, Scott	1:04:01	9:12	5:43	0	161	Where's the Finish
45	Bradley, Jay	1:04:39	9:17	5:46	0	127	Scrambled Legs
46	Kaminski, Terry	1:04:53	9:19	5:47	0	103	Your Pace or Mine?
47	Buchanan, Meg	1:04:58	9:20	5:48	0	101	B Squared
48	Tomkys, James	1:04:58	9:20	5:48	0	135	Pomeroy Kan Mtn Lodge
49	Krisinger, Anna	1:06:11	9:31	5:55	0	125	Bayer
50	Reed, Steve	1:06:54	9:37	5:58	0	170	The SAMsquatches
51	Rhyason, Breanna	1:07:11	9:39	5:60	0	102	Oh Van Where Art Thou?
52	Garman, David	1:07:11	9:39	5:60	0	119	ESCAPE_stroke Team 2
53	Fenwick, Peter	1:07:12	9:39	5:60	0	108	Strokies 1
54	Mcgregor, Brent	1:07:15	9:40	6:00	0	114	Fire and ICE
55	Cooze, Michelle	1:07:49	9:45	6:03	0	110	Doka
56	Groenveld, Chris	1:08:20	9:49	6:06	0	138	Endurahealth
57	Melvin, Andrew	1:08:59	9:55	6:10	0	133	Integrated Sust H2Go
58	Rohleder, Jason	1:09:05	9:56	6:10	0	152	Pembina Pipelines
59	Baugh, Erin	1:10:19	10:06	6:17	0	134	Girls On The Run
60	Belziuk, Jeff	1:11:17	10:15	6:22	0	162	Lakeside Packers
61	Olynyk, Carlin	1:11:23	10:15	6:22	0	132	Speedy Spartans
62	Schmigelski, Denise	1:11:27	10:16	6:23	0	145	Not Intact At All
63	Kerr, Jocelyn	1:11:29	10:16	6:23	0	151	Anvils
64	St Louis, Julie	1:11:59	10:21	6:26	0	116	AER Reg U Laterers
65	Gamez, Jill	1:15:20	10:49	6:43	0	158	Hey We're Trying
66	Chen, Donna	1:16:46	11:02	6:51	0	117	ISL Engineering
67	Mill, Perry	1:16:54	11:03	6:52	0	163	Red Deer Runners
68	Heuver, Jacqueline	1:17:12	11:06	6:54	0	169	Sheep River Racers
69	Peters, Tara	1:17:12	11:06	6:54	0	107	Team with a Theme
70	Stronge, Mandy	1:21:29	11:42	7:16	0	174	Glenmore Gazelles
71	Oszip, Katie	1:26:32	12:26	7:43	0	160	I Got the Runs
72	Stuart, Jennifer	1:33:01	13:22	8:18	0	105	Live Long and Perspire