

**Overall Results** 33rd Kananaskis 100 Relay Race 22 June 2019

for Mito Canada

| Rank | Team | Name                             | Elapsed  | Min/Mile | Min/Km | Penalty | Category  |
|------|------|----------------------------------|----------|----------|--------|---------|-----------|
| 1    | 109  | Nissen PL Running Room Men       | 9:21:23  | 5:58     | 3:46   | 5       | Open      |
| 2    | 152  | Mito Men                         | 9:58:35  | 6:22     | 4:01   | 0       | Open      |
| 3    | 108  | Nissen PL Running Room Corporate | 10:35:33 | 6:45     | 4:16   | 0       | Corporate |
| 4    | 145  | Whose Idea Was This              | 10:50:27 | 6:55     | 4:22   | 0       | Mixed     |
| 5    | 122  | Nissen PL Running Room Ladies    | 10:53:09 | 6:57     | 4:23   | 0       | Women's   |
| 6    | 138  | SAIT Trojans, Friends Mixed      | 11:01:44 | 7:02     | 4:26   | 0       | Mixed     |
| 7    | 154  | Mito Women                       | 11:03:04 | 7:03     | 4:27   | 0       | Women's   |
| 8    | 153  | The Lost Tribe                   | 11:27:34 | 7:19     | 4:37   | 5       | Open      |
| 9    | 133  | CNRL Rusty Road Runners          | 11:38:58 | 7:26     | 4:42   | 0       | Corporate |
| 10   | 148  | exprESSO                         | 11:41:41 | 7:28     | 4:43   | 0       | Corporate |
| 11   | 146  | Fast Trax Collective Endurance   | 11:50:06 | 7:33     | 4:46   | 0       | Mixed     |
| 12   | 107  | Nissen PL Running Room Ladies II | 12:01:01 | 7:40     | 4:50   | 0       | Women's   |
| 13   | 132  | Ben Jonesin for Victory          | 12:09:02 | 7:45     | 4:54   | 0       | Legal     |
| 14   | 166  | Nose Hill Running Club           | 12:14:03 | 7:48     | 4:55   | 0       | Open      |
| 15   | 173  | Mito Mixed                       | 12:19:07 | 7:51     | 4:57   | 0       | Mixed     |
| 16   | 155  | Fast Trax YEG Ladies             | 12:25:15 | 7:55     | 4:60   | 0       | Women's   |
| 17   | 128  | Birchcliff Energizers            | 12:30:00 | 7:58     | 5:02   | 0       | Corporate |
| 18   | 157  | Western Cdn Selects              | 12:35:22 | 8:02     | 5:04   | 0       | Corporate |
| 19   | 172  | Adrenaline Rush                  | 12:37:59 | 8:03     | 5:05   | 0       | Masters   |
| 20   | 124  | Dentons Canada LLP               | 13:00:52 | 8:18     | 5:14   | 5       | Legal     |
| 21   | 161  | Brintnell Grinders               | 13:07:19 | 8:22     | 5:17   | 0       | Corporate |
| 22   | 121  | BD&P                             | 13:08:08 | 8:23     | 5:17   | 0       | Legal     |
| 23   | 116  | Sheep River Racing Team          | 13:14:55 | 8:27     | 5:20   | 0       | Masters   |
| 24   | 165  | Stantec Stallions                | 13:16:40 | 8:28     | 5:21   | 0       | Corporate |
| 25   | 130  | Osler Outlaws                    | 13:26:50 | 8:35     | 5:25   | 0       | Legal     |
| 26   | 125  | Torys                            | 13:27:32 | 8:35     | 5:25   | 0       | Legal     |
| 27   | 134  | Central Alberta Masters          | 13:27:34 | 8:35     | 5:25   | 0       | Masters   |
| 28   | 163  | Worst Pace Scenario              | 13:45:45 | 8:47     | 5:33   | 0       | Open      |
| 29   | 120  | BLAKES                           | 13:46:07 | 8:47     | 5:33   | 0       | Legal     |
| 30   | 156  | Limpkins                         | 13:46:52 | 8:47     | 5:33   | 5       | Open      |
| 31   | 171  | Running from Something           | 13:51:46 | 8:51     | 5:35   | 0       | Open      |
| 32   | 147  | BLG Gazelles                     | 13:54:25 | 8:52     | 5:36   | 0       | Legal     |
| 33   | 141  | BDO Canada                       | 13:55:02 | 8:53     | 5:36   | 0       | Corporate |
| 34   | 144  | Mercer                           | 13:57:06 | 8:54     | 5:37   | 0       | Corporate |
| 35   | 149  | Pomeroy                          | 13:57:21 | 8:54     | 5:37   | 0       | Corporate |
| 36   | 117  | Bayer Crop Science               | 13:59:08 | 8:55     | 5:38   | 0       | Open      |
| 37   | 150  | First Blood                      | 14:02:59 | 8:58     | 5:40   | 0       | Open      |
| 38   | 103  | Pyramid Peckerheads              | 14:04:00 | 8:58     | 5:40   | 0       | Corporate |
| 39   | 127  | Just Keep Running                | 14:04:29 | 8:59     | 5:40   | 0       | Open      |
| 40   | 106  | EnduraHealth                     | 14:06:59 | 9:00     | 5:41   | 0       | Open      |
| 41   | 102  | Integrated Sust. H2Go            | 14:07:50 | 9:01     | 5:41   | 0       | Corporate |
| 42   | 114  | Running from our respibil.       | 14:10:27 | 9:02     | 5:42   | 0       | Mixed     |
| 43   | 164  | Hey We're Trying                 | 14:11:25 | 9:03     | 5:43   | 0       | Mixed     |
| 44   | 115  | Space Ponies                     | 14:12:49 | 9:04     | 5:43   | 0       | Mixed     |
| 45   | 139  | United Cycle Heros               | 14:15:42 | 9:06     | 5:45   | 0       | Mixed     |
| 46   | 129  | Felesky Flynn                    | 14:17:57 | 9:07     | 5:45   | 0       | Legal     |
| 47   | 162  | Lakeside Packers                 | 14:18:28 | 9:08     | 5:46   | 5       | Open      |
| 48   | 105  | Anvils                           | 14:23:20 | 9:11     | 5:48   | 0       | Open      |
| 49   | 101  | DLA Run Crew                     | 14:24:14 | 9:11     | 5:48   | 0       | Legal     |
| 50   | 140  | Field Law                        | 14:28:12 | 9:14     | 5:50   | 0       | Legal     |
| 51   | 126  | Team B2                          | 14:31:35 | 9:16     | 5:51   | 0       | Open      |
| 52   | 113  | 10 Fat White Guys                | 14:32:09 | 9:16     | 5:51   | 0       | Masters   |
| 53   | 136  | Lost in Pace                     | 14:34:21 | 9:18     | 5:52   | 0       | Open      |

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|------|------|---------------------------|----------|----------|--------|---------|-----------|
| 54   | 110  | Scrambled Legs            | 14:46:35 | 9:25     | 5:57   | 0       | Open      |
| 55   | 160  | Run Flats                 | 14:47:02 | 9:26     | 5:57   | 0       | Open      |
| 56   | 137  | MLT Aikins Billable Miles | 14:49:52 | 9:28     | 5:59   | 0       | Legal     |
| 57   | 168  | The SAMsquatches          | 14:54:41 | 9:31     | 6:00   | 0       | Corporate |
| 58   | 167  | Red Deer Runners          | 14:59:18 | 9:34     | 6:02   | 0       | Mixed     |
| 59   | 170  | Sheep River Racers        | 15:04:14 | 9:37     | 6:04   | 0       | Open      |
| 60   | 118  | The Joggernuts            | 15:10:58 | 9:41     | 6:07   | 0       | Mixed     |
| 61   | 123  | ESCAPE                    | 15:11:30 | 9:41     | 6:07   | 0       | Mixed     |
| 62   | 143  | BDO Edmonton              | 15:14:24 | 9:43     | 6:08   | 0       | Corporate |
| 63   | 111  | AER Reg U Laters          | 15:17:05 | 9:45     | 6:09   | 0       | Corporate |
| 64   | 112  | Strokies                  | 15:17:06 | 9:45     | 6:09   | 0       | Mixed     |
| 65   | 119  | Cool Pool Cruisers        | 15:26:38 | 9:51     | 6:13   | 10      | Mixed     |
| 66   | 131  | Monarchs Rule             | 15:28:11 | 9:52     | 6:14   | 0       | Mixed     |
| 67   | 159  | Where's the Finish        | 15:29:13 | 9:53     | 6:14   | 0       | Mixed     |
| 68   | 104  | Team With a Theme         | 15:33:32 | 9:55     | 6:16   | 0       | Women's   |
| 69   | 158  | Not Quite Intact          | 15:42:47 | 10:01    | 6:19   | 0       | Open      |
| 70   | 135  | 0 to 100 real slow        | 15:50:25 | 10:06    | 6:23   | 0       | Corporate |
| 71   | 151  | Bullet Jones              | 16:09:10 | 10:18    | 6:30   | 0       | Legal     |
| 72   | 169  | We Got the Runs           | 16:11:13 | 10:19    | 6:31   | 0       | Mixed     |
| 73   | 142  | Speedy Spartans           | 16:37:38 | 10:36    | 6:41   | 0       | Open      |