

Final Results

33rd Kananaskis 100 Relay Race 22 June 2019

for Mito Canada

Overall Finish Order for Category Corporate

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	108	Nissen PL Running Room Corporate	10:35:33	6:45	4:16	0
2	133	CNRL Rusty Road Runners	11:38:58	7:26	4:42	0
3	148	exprESSO	11:41:41	7:28	4:43	0
4	128	Birchcliff Energizers	12:30:00	7:58	5:02	0
5	157	Western Cdn Selects	12:35:22	8:02	5:04	0
6	161	Brintnell Grinders	13:07:19	8:22	5:17	0
7	165	Stantec Stallions	13:16:40	8:28	5:21	0
8	141	BDO Canada	13:55:02	8:53	5:36	0
9	144	Mercer	13:57:06	8:54	5:37	0
10	149	Pomeroy	13:57:21	8:54	5:37	0
11	103	Pyramid Peckerheads	14:04:00	8:58	5:40	0
12	102	Integrated Sust. H2Go	14:07:50	9:01	5:41	0
13	168	The SAMsquatches	14:54:41	9:31	6:00	0
14	143	BDO Edmonton	15:14:24	9:43	6:08	0
15	111	AER Reg U Laters	15:17:05	9:45	6:09	0
16	135	0 to 100 real slow	15:50:25	10:06	6:23	0

Overall Finish Order for Category Legal

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	132	Ben Jonesin for Victory	12:09:02	7:45	4:54	0
2	124	Dentons Canada LLP	13:00:52	8:18	5:14	5
3	121	BD&P	13:08:08	8:23	5:17	0
4	130	Osler Outlaws	13:26:50	8:35	5:25	0
5	125	Torys	13:27:32	8:35	5:25	0
6	120	BLAKES	13:46:07	8:47	5:33	0
7	147	BLG Gazelles	13:54:25	8:52	5:36	0
8	129	Felesky Flynn	14:17:57	9:07	5:45	0
9	101	DLA Run Crew	14:24:14	9:11	5:48	0
10	140	Field Law	14:28:12	9:14	5:50	0
11	137	MLT Aikins Billable Miles	14:49:52	9:28	5:59	0
12	151	Bullet Jones	16:09:10	10:18	6:30	0

Overall Finish Order for Category Masters 40+

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	116	Sheep River Racing Team	13:14:55	8:27	5:20	0
2	113	10 Fat White Guys	14:32:09	9:16	5:51	0

Overall Finish Order for Category Masters 50+

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	172	Adrenaline Rush	12:37:59	8:03	5:05	0
2	134	Central Alberta Masters	13:27:34	8:35	5:25	0

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Overall Finish Order for Category Mixed

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	145	Whose Idea Was This	10:50:27	6:55	4:22	0
2	138	SAIT Trojans, Friends Mixed	11:01:44	7:02	4:26	0
3	146	Fast Trax Collective Endurance	11:50:06	7:33	4:46	0
4	173	Mito Mixed	12:19:07	7:51	4:57	0
5	114	Running from our respibil.	14:10:27	9:02	5:42	0
6	164	Hey We're Trying	14:11:25	9:03	5:43	0
7	115	Space Ponies	14:12:49	9:04	5:43	0
8	139	United Cycle Heros	14:15:42	9:06	5:45	0
9	167	Red Deer Runners	14:59:18	9:34	6:02	0
10	118	The Joggernuts	15:10:58	9:41	6:07	0
11	123	ESCAPE	15:11:30	9:41	6:07	0
12	112	Strokies	15:17:06	9:45	6:09	0
13	119	Cool Pool Cruisers	15:26:38	9:51	6:13	10
14	131	Monarchs Rule	15:28:11	9:52	6:14	0
15	159	Where's the Finish	15:29:13	9:53	6:14	0
16	169	We Got the Runs	16:11:13	10:19	6:31	0

Overall Finish Order for Category Open

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	109	Nissen PL Running Room Men	9:21:23	5:58	3:46	5
2	152	Mito Men	9:58:35	6:22	4:01	0
3	153	The Lost Tribe	11:27:34	7:19	4:37	5
4	166	Nose Hill Running Club	12:14:03	7:48	4:55	0
5	163	Worst Pace Scenario	13:45:45	8:47	5:33	0
6	156	Limpkins	13:46:52	8:47	5:33	5
7	171	Running from Something	13:51:46	8:51	5:35	0
8	117	Bayer Crop Science	13:59:08	8:55	5:38	0
9	150	First Blood	14:02:59	8:58	5:40	0
10	127	Just Keep Running	14:04:29	8:59	5:40	0
11	106	EnduraHealth	14:06:59	9:00	5:41	0
12	162	Lakeside Packers	14:18:28	9:08	5:46	5
13	105	Anvils	14:23:20	9:11	5:48	0
14	126	Team B2	14:31:35	9:16	5:51	0
15	136	Lost in Pace	14:34:21	9:18	5:52	0
16	110	Scrambled Legs	14:46:35	9:25	5:57	0
17	160	Run Flats	14:47:02	9:26	5:57	0
18	170	Sheep River Racers	15:04:14	9:37	6:04	0
19	158	Not Quite Intact	15:42:47	10:01	6:19	0
20	142	Speedy Spartans	16:37:38	10:36	6:41	0

Overall Finish Order for Category Women's Open

Rank	Team	Team Name	Elapsed	Min/Mile	Min/Km	Penalty
1	122	Nissen PL Running Room Ladies	10:53:09	6:57	4:23	0
2	154	Mito Women	11:03:04	7:03	4:27	0
3	107	Nissen PL Running Room Ladies II	12:01:01	7:40	4:50	0
4	155	Fast Trax YEG Ladies	12:25:15	7:55	4:60	0
5	104	Team With a Theme	15:33:32	9:55	6:16	0